

Coaches:

• Jessica Verrigni, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 13, 2019	Wed	Practice	N/A	3:45 PM	5:15 PM	Curie Elementary School			
Nov 15, 2019	Fri	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Nov 19, 2019	Tue	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Nov 20, 2019	Wed	Practice	N/A	3:45 PM	5:15 PM	Curie Elementary School			
Nov 22, 2019	Fri	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Nov 24, 2019	Sun	Practice	N/A	9:30 AM	11:00 AM	Amsterdam High School Gym			
Nov 25, 2019	Mon	Scrimmage	@ Saratoga Springs High School	5:30 PM		Saratoga Springs High School			NL
Nov 25, 2019	Mon	Practice	N/A	6:30 PM	8:00 PM	Amsterdam High School Gym			
Nov 26, 2019	Tue	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Nov 29, 2019	Fri	Practice	N/A	8:00 AM	9:30 AM	Lynch Middle School Gym			
Nov 29, 2019	Fri	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Dec 3, 2019	Tue	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Dec 3, 2019	Tue	Regular Season	Johnstown	5:30 PM		Amsterdam High School Gym			L
Dec 4, 2019	Wed	Practice	N/A	3:45 PM	5:15 PM	Curie Elementary School			
Dec 5, 2019	Thu	Regular Season	Broadalbin- Perth	5:30 PM		Amsterdam High School Gym			L
Dec 6, 2019	Fri	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Dec 8, 2019	Sun	Practice	N/A	9:30 AM	11:00 AM	Amsterdam High School Gym			
Dec 9, 2019	Mon	Regular Season	@ Gloversville	5:30 PM		Gloversville High School - Gymnasium	Bus/Driver: GASD	Departure Point: AHS Departure Time: 4:30 PM	L
Dec 10, 2019	Tue	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Dec 11, 2019	Wed	Practice	N/A	3:45 PM	5:15 PM	Curie Elementary School			
Dec 11, 2019	Wed	Regular Season	Hudson Falls	5:30 PM		Amsterdam High School Gym			L
Dec 13, 2019	Fri	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Dec 14, 2019	Sat	Regular Season	@ Fonda- Fultonville	2:00 PM		Fonda-Fultonville HS	Bus/Driver: Amsterdam	Departure Point: LLA Departure Time: 1:00 PM	NL
Dec 15, 2019	Sun	Practice	N/A	9:30 AM	11:00 AM	Amsterdam High School Gym			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGU / NON- LEAGU
Dec 16, 2019	Mon	Regular Season	@ Glens Falls	5:30 PM		Glens Falls HS Gym	Bus/Driver: GASD	Departure Point: AHS Departure Time: 4:00 AM	L
Dec 17, 2019	Tue	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Dec 18, 2019	Wed	Practice	N/A	3:45 PM	5:15 PM	Curie Elementary School			
Dec 19, 2019	Thu	Regular Season	@ South Glens Falls	5:30 PM		SGFHS - Blue Gymnasium	Bus/Driver: GASD	Departure Point: AHS Departure Time: 4:00 PM	L
Dec 26, 2019	Thu	Practice	N/A	10:00 AM	12:00 PM	Amsterdam High School Gym			
CANCELLED Dec 30, 2019	Mon	Practice	N/A	10:00 AM	12:00 PM	Amsterdam High School Gym			
Dec 31, 2019	Tue	Practice	N/A	10:00 AM	11:30 AM	Amsterdam High School Gym			
Jan 2, 2020	Thu	Practice	N/A	12:00 PM	1:30 PM	Amsterdam High School Gym			
Jan 3, 2020	Fri	Practice	N/A	12:00 PM	1:30 PM	Amsterdam High School Gym			
Jan 5, 2020	Sun	Practice	N/A	9:30 AM	11:00 AM	Amsterdam High School Gym			
Jan 6, 2020	Mon	Regular Season	@ Queensbury	5:30 PM		Queensbury HS, Blue Gym	Bus/Driver: GASD	Departure Point: AHS Departure Time: 4:00 PM	L
Jan 7, 2020	Tue	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Jan 8, 2020	Wed	Practice	N/A	3:45 PM	5:15 PM	Curie Elementary School			
Jan 9, 2020	Thu	Regular Season	Scotia- Glenville	5:30 PM		Amsterdam High School Gym			L
Jan 10, 2020	Fri	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Jan 11, 2020	Sat	Regular Season	Fonda- Fultonville	11:00 AM		Amsterdam High School Gym			NL
Jan 12, 2020	Sun	Practice (CLINIC)	N/A	11:00 AM	1:00 PM	Amsterdam High School Gym			
Jan 13, 2020	Mon	Regular Season	@ Schuylerville	6:00 PM		Schuylerville High School	Bus/Driver: GASD	Departure Point: AHS Departure Time: 4:30 PM	L
Jan 14, 2020	Tue	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Jan 15, 2020	Wed	Practice	N/A	3:45 PM	5:15 PM	Curie Elementary School			
Jan 16, 2020	Thu	Regular Season	@ Johnstown	5:30 PM		Cross Country Course	Bus/Driver: GASD	Departure Point: AHS Departure Time: 4:30 PM	L
Jan 20, 2020	Mon	Practice	N/A	12:00 PM	1:30 PM	Amsterdam High School Gym			
Jan 21, 2020	Tue	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Jan 22, 2020	Wed	Practice	N/A	3:45 PM	5:15 PM	Curie Elementary School			

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 23, 2020	Thu	Regular Season	@ Broadalbin- Perth	5:30 PM		Robert C. Munn Gymnasium at Broadalbin-Perth High School	Bus/Driver: GASD	Departure Point: AHS Departure Time: 4:45 PM	L
Jan 24, 2020	Fri	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Jan 26, 2020	Sun	Practice	N/A	9:30 AM	11:00 AM	Amsterdam High School Gym			
Jan 26, 2020	Sun	Practice (CLINIC)	N/A	11:00 AM	1:00 PM	Amsterdam High School Gym			
Jan 27, 2020	Mon	Regular Season	Gloversville	5:30 PM		Amsterdam High School Gym			L
Jan 28, 2020	Tue	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Jan 29, 2020	Wed	Practice	N/A	3:45 PM	5:15 PM	Curie Elementary School			
Jan 30, 2020	Thu	Regular Season	@ Hudson Falls	5:30 PM		Hudson Falls HS	Bus/Driver: GASD	Departure Point: AHS Departure Time: 4:00 PM	L
Jan 31, 2020	Fri	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Feb 2, 2020	Sun	Practice	N/A	9:30 AM	11:00 AM	Amsterdam High School Gym			
Feb 2, 2020	Sun	Practice (CLINIC)	N/A	11:00 AM	1:00 PM	Amsterdam High School Gym			
Feb 3, 2020	Mon	Regular Season	Glens Falls	5:30 PM		Amsterdam High School Gym			L
Feb 4, 2020	Tue	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Feb 5, 2020	Wed	Practice	N/A	3:45 PM	5:15 PM	Curie Elementary School			
Feb 5, 2020	Wed	Regular Season	South Glens Falls	5:30 PM		Amsterdam High School Gym			L
Feb 7, 2020	Fri	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Feb 9, 2020	Sun	Practice	N/A	9:30 AM	11:00 AM	Amsterdam High School Gym			
Feb 10, 2020	Mon	Regular Season	Queensbury	5:30 PM		Amsterdam High School Gym			L
Feb 11, 2020	Tue	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Feb 12, 2020	Wed	Practice	N/A	3:45 PM	5:15 PM	Curie Elementary School			
Feb 13, 2020	Thu	Regular Season	@ Scotia- Glenville	5:30 PM		Scotia Glenville High School	Bus/Driver: GASD	Departure Point: AHS Departure Time: 4:30 PM	L
Feb 14, 2020	Fri	Practice	N/A	2:45 PM	4:30 PM	Amsterdam High School Gym			
Feb 16, 2020	Sun	Practice	N/A	9:30 AM	11:00 AM	Amsterdam High School Gym			
Feb 17, 2020	Mon	Regular Season	Schuylerville	5:30 PM		Amsterdam High School Gym			L

Date: 2024-10-17