



# Amsterdam Girls Varsity Winter Track 2019 - 2020

## Coaches:

- Stu Palczak, Head Coach
- Rick Russell, Asst Coach
- Olivia Rehm

Athletics Director: John Salls- [jsalls@gasd.org](mailto:jsalls@gasd.org)  
Assistant: Traci Hendricks - [thendricks@gasd.org](mailto:thendricks@gasd.org)

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## Players (31)

NAME	GRADE
Charli Beekman	Graduated
Charli Beekman	Graduated
Anyca Brown	Graduated
Makayla Brown	Graduated
Lyanis Cintron	Graduated
Gianna Crespo-Julia	12
Sofia Dayian	Graduated
Christina Delgado	Graduated
Allison Demitraszek	Graduated
Nathaley Edwards	Graduated
Tailys Garcia	Graduated
Skylar Grybos	Graduated
Briana Kelly	Graduated
Emma Kelly	Graduated
Alinah Marinov	Graduated
Elizabeth Marshall	Graduated
Kathleen Miseno-Bowles	Graduated
Reynaliz Montalvo-Yorro	Graduated
Stephanie Ordonez	Graduated
Myra Page	Graduated
Ryleigh Phillips	Graduated
Aryana Rodriguez	Graduated
Cheyenne Rulison	Graduated
Emily Schaufelberg	Graduated
Josephine Smith	Graduated
Taylor Smith	Graduated
Kayla Sondrup	Graduated
Precious Soto	Graduated
Aniah Sturdivant	Graduated
Sydney Szczepanik	Graduated
Lavender Watkins	Graduated