



Amsterdam

(G) V Winter Track

Coaches:

- Stu Palczak, Head Coach
- Rick Russell, Asst Coach
- Olivia Rehm

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 22, 2023	Wed	Scrimmage	@ TBD	9:30 AM		Union College	Bus/Driver: GASD	Departure Point: LLA Departure Time: 8:45 AM	L
Dec 3, 2023	Sun	Regular Season	@ TBD	8:00 AM		Union College	Bus/Driver: GASD	Departure Point: LLA Departure Time: 6:20 AM	L
Dec 10, 2023	Sun	Regular Season	@ TBD	3:00 PM		Hudson Valley Community College	Bus/Driver: GASD	Departure Point: LLA Departure Time: 1:00 PM	L
Dec 23, 2023	Sat	Regular Season	@ TBD	3:00 PM		Hudson Valley Community College	Bus/Driver: GASD	Departure Point: LLA Departure Time: 1:00 PM	L
Dec 27, 2023	Wed	Regular Season (CNY INVY)	@ TBD	TBD		Utica College - Todd & Jen Hutton Sports and Rec Center	Bus/Driver: GASD	Departure Point: LLA Departure Time: 9:30 AM	L
Dec 28, 2023	Thu	Regular Season	@ TBD	8:00 AM		Hudson Valley Community College	Bus/Driver: GASD	Departure Point: LLA Departure Time: 6:30 AM	L
Jan 12, 2024	Fri	Regular Season (Frank Bobet Invitationa)	@ TBD	TBD		TBD	Bus/Driver: GASD	Departure Point: LLA	L
Jan 14, 2024	Sun	Regular Season	@ TBD	3:00 PM		Union College	Bus/Driver: GASD	Departure Point: LLA Departure Time: 1:30 PM	L
Jan 21, 2024	Sun	Regular Season (Foothills Championship)	@ TBD	8:00 AM		Union College	Bus/Driver: GASD	Departure Point: LLA Departure Time: 6:30 AM	L
Jan 24, 2024	Wed	Regular Season (Weight throw competition)	@ TBD	5:00 PM		TBD	Bus/Driver: GASD	Departure Point: LLA Departure Time: 4:00 PM	L
Feb 3, 2024	Sat	Regular Season (Division II Sectionals)	@ TBD	1:00 PM		TBD	Bus/Driver: GASD	Departure Point: LLA	L
Feb 4, 2024	Sun	Regular Season (TCITL Invitation)	@ TBD	9:45 AM		Springfield College	Bus/Driver: GASD	Departure Point: LLA Departure Time: 6:15 AM	L
Feb 10, 2024	Sat	Regular Season (State Qualifiers)	@ TBD	2:00 PM		Hudson Valley Community College	Bus/Driver: GASD	Departure Point: LLA Departure Time: 12:15 PM	L
Feb 18, 2024	Sun	Regular Season (Throwing State Qualifiers)	@ TBD	8:00 AM		TBD	Bus/Driver: GASD	Departure Point: LLA Departure Time: 6:30 AM	L

Date: 2024-07-17

