

## Coaches:

• Aidan O'Malley

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 18, 2024	Wed	Regular Season	Niskayuna High School (Modified), Albany High School @ Ballston Spa High School	4:30 PM	6:10 PM	TBD		L
Oct 9, 2024	Wed	Regular Season	Averill Park High School, Bethlehem High School @ Columbia High School	4:30 PM	6:10 PM	Cross Country B&G - Schodack Island State Park		L
Oct 16, 2024	Wed	Regular Season	Saratoga Springs High School, Shaker High School @ Schenectady High School (Modified)	4:30 PM	6:10 PM	Central Park		L
Oct 22, 2024	Tue	Regular Season	Colonie High School, Guilderland High School @ Burnt Hills- Ballston Lake HS	4:30 PM	6:10 PM	TBD		L
Oct 26, 2024	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM		Saratoga Spa State Park		NL

Date: 2024-07-16