

# LaSalle Institute

## (B) V Winter Track

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 3, 2020	Fri	Regular Season (League Meet 5A)	Cohoes, Colonie High School, Academy of Holy Names, Mohonasen, Schenectady High School (Winter Track), Schuylerville, Scotia-Glenville, Shenendehowa High School, Stillwater @ Tamarac	8:00 AM	1:30 PM	Union College		L
CANCELLED Jan 11, 2020	Sat	Regular Season (League Meet 5F)	Albany Academies, Berne-Knox-Westerlo, Cairo-Durham, Emma Willard, Greenwich, Hoosic Valley, Ichabod Crane, Schenectady High School (Winter Track), South Glens Falls, Troy, Voorheesville @ Tamarac	1:45 PM	7:15 PM	TBD		L
Jan 19, 2020	Sun	Regular Season (League Meet 6E)	Cairo-Durham, Christian Brothers Academy, Albany, Guilderland High School, Maple Hill, Saratoga Springs High School, Shaker High School, Stillwater @ Tamarac	8:00 AM	1:30 PM	Hudson Valley Community College		L

Date: 2024-07-14