



# Schenectady High School

## (B) MOD9 Cross Country (Modified)

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 17, 2024	Tue	Regular Season	Shenendehowa High School, Colonie High School @ Columbia High School	4:30 PM	6:10 PM	Cross Country B&G - Schodack Island State Park	<b>Departure Point:</b> OMS-CPMS-MPMS <b>Departure Time:</b> 2:30 PM	L
Sep 25, 2024	Wed	Regular Season	Bethlehem High School, Guilderland High School @ Niskayuna High School (Modified)	4:30 PM	6:10 PM	Iroquois Middle School	<b>Departure Point:</b> MPMS-CPMS-OMS <b>Departure Time:</b> 2:30 PM	L
Oct 9, 2024	Wed	Regular Season	Burnt Hills-Ballston Lake HS, Ballston Spa High School	4:30 PM	6:10 PM	Central Park		L
Oct 16, 2024	Wed	Regular Season	Saratoga Springs High School, Shaker High School, Christian Brothers Academy, Albany	4:30 PM	6:10 PM	Central Park		L
Oct 22, 2024	Tue	Regular Season	Albany High School @ Averill Park High School	4:30 PM	6:10 PM	APHS Cross Country Course	<b>Departure Point:</b> OMS-CPMS-MPMS <b>Departure Time:</b> 2:30 PM	L
Oct 26, 2024	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM		Saratoga Spa State Park	<b>Departure Point:</b> SHS <b>Departure Time:</b> 7:15 AM	NL

Date: 2024-07-19