



Schenectady High School

(G) MOD9 Cross Country (Modified)

Coaches:

- Ella Sabatino

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 17, 2024	Tue	Regular Season	Shenendehowa High School, Colonie High School @ Columbia High School	4:30 PM	6:10 PM	Cross Country B&G - Schodack Island State Park	Departure Point: OMS-CPMS-MPMS Departure Time: 2:30 PM	L
Sep 25, 2024	Wed	Regular Season	Bethlehem High School, Guilderland High School @ Niskayuna High School (Modified)	4:30 PM	6:10 PM	Iroquois Middle School	Departure Point: MPMS-CPMS-OMS Departure Time: 2:30 PM	L
Oct 5, 2024	Sat	Regular Season (Grout Run Invitational)	Shaker High School	9:00 AM		Central Park		L
Oct 9, 2024	Wed	Regular Season	Burnt Hills-Ballston Lake HS, Ballston Spa High School	4:30 PM	6:10 PM	Central Park		L
Oct 16, 2024	Wed	Regular Season	Saratoga Springs High School, Shaker High School	4:30 PM	6:10 PM	Central Park		L
Oct 22, 2024	Tue	Regular Season	Albany High School @ Averill Park High School	4:30 PM	6:10 PM	APHS Cross Country Course	Departure Point: OMS-CPMS-MPMS Departure Time: 2:30 PM	L
Oct 26, 2024	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM		Saratoga Spa State Park	Departure Point: SHS Departure Time: 7:15 AM	NL

Date: 2024-08-17