



# Schenectady High School

## (G) MOD9 Cross Country (Modified)

### Coaches:

- Ella Sabatino

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 15, 2018	Sat	Meet (Queensbury invitational)	Vs. Multiple	9:00 AM		TBD	<b>Departure Time:</b> 7:00 AM	NL
Sep 22, 2018	Sat	Meet (Tartan Invitational)	Vs. Multiple	9:00 AM		TBD	<b>Departure Time:</b> 7:30 AM	NL
Sep 26, 2018	Wed	Regular Season	Colonie High School, Albany High School @ Guilderland High School	4:15 PM		Tawasentha Park	<b>Departure Time:</b> 3:00 PM	L
Oct 3, 2018	Wed	Regular Season	Bethlehem High School, Burnt Hills-Ballston Lake HS, Albany High School @ Niskayuna High School (Modified)	4:15 PM		Iroquois Middle School	<b>Departure Time:</b> 3:00 PM	L
Oct 6, 2018	Sat	Regular Season (Grout Run)	@ Colonie High School	9:00 AM		Central Park		L
Oct 6, 2018	Sat	Regular Season (Grout Run)	@ TBD	9:00 AM		Central Park		L
Oct 6, 2018	Sat	Regular Season (Invitational)	Amsterdam	9:00 AM		Central Park		NL
Oct 10, 2018	Wed	Regular Season	Saratoga Springs High School, Shaker High School, Averill Park High School @ Burnt Hills-Ballston Lake HS	4:15 PM		Saratoga Spa State Park	<b>Departure Time:</b> 3:00 PM	L
Oct 13, 2018	Sat	Meet (Manhattan College Invitational)	Vs. Multiple	9:00 AM	3:00 PM	TBD	<b>Departure Time:</b> 5:00 AM	NL
Oct 18, 2018	Thu	Regular Season	Niskayuna High School (Modified), Saratoga Springs High School, Colonie High School @ Shenendehowa High School	4:30 PM		Shen Cross Country Trail	<b>Departure Time:</b> 3:00 PM	L
Oct 30, 2018	Tue	Meet (SSC Championships)	Vs. Multiple	4:00 PM		Saratoga Spa State Park	<b>Departure Time:</b> 11:30 AM	NL

Date: 2024-09-30