

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START END TIME TIME | | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|--|--|------------------------|--|--------------------------------|----------------------------|
| Sep 10, 2019 | Tue | Regular Season (Race) | @ Stillwater | 4:15 PM | Stillwater HS | Departure Time: 3:00 PM | L |
| Sep 17, 2019 | Tue | Regular Season | Waldorf School of Saratoga Springs @ TBD | 4:15 PM | TBD | Departure Time: 2:30 PM | L |
| Sep 24, 2019 | Tue | Regular Season | TBD @ Emma Willard | 4:15 PM | TBD | Departure Time: 3:00 PM | L |
| Sep 24, 2019 | Tue | Regular Season | TBD | TBD | TBD | | L |
| Sep 28, 2019 | Sat | Regular Season | @ TBD | TBD | TBD | Departure Time: 6:45 AM | L |
| Oct 1, 2019 | Tue | Regular Season | Waldorf School of Saratoga Springs, TBD @ Berlin | 4:15 PM | Berlin HS | Departure Time: 2:30 PM | L |
| Oct 5, 2019 | Sat | Regular Season | @ TBD | 9:00 AM | Cross Country Field | Departure Time: 6:45 AM | NL |
| Oct 8, 2019 | Tue | Regular Season | Greenwich, Tamarac @ TBD | 4:00 PM | Grafton State Park | Departure Time: 3:00 PM | L |
| Oct 15, 2019 | Tue | Meet (Adirondack / Wasaren League Crossover Meet) | Vs. Multiple | 4:00 PM | Lake George Elementary School - #12 Cross Country Trails | | NL |
| Oct 18, 2019 | Fri | Regular Season | @ Greenwich | 4:00 PM | Saratoga Spa State Park | Departure Time: 2:45 PM | NL |
| Oct 22, 2019 | Tue | Meet (Wasaren League Championship) | Vs. Multiple | 2:30 PM | TBD | Departure Time: 1:00 PM | NL |

Date: 2024-11-30