



# Mechanicville

## (B) MODIFIED Cross Country

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2019	Tue	Regular Season (Race)	Hoosic Valley @ Stillwater	4:15 PM		Stillwater HS	<b>Departure Time:</b> 3:00 PM		L
Sep 17, 2019	Tue	Regular Season	Waldorf School of Saratoga Springs @ TBD	4:15 PM		Mechanicville Hometown Lanes	<b>Departure Time:</b> 2:30 PM		L
Sep 24, 2019	Tue	Regular Season	TBD @ Emma Willard	4:15 PM		TBD	<b>Departure Time:</b> 3:00 PM		L
Sep 28, 2019	Sat	Regular Season	@ TBD	8:30 AM		Bob's Trees	<b>Departure Time:</b> 6:45 AM		L
Oct 1, 2019	Tue	Regular Season	Waldorf School of Saratoga Springs, TBD @ Berlin	4:15 PM		Berlin HS	<b>Departure Time:</b> 2:30 PM		L
Oct 5, 2019	Sat	Regular Season	@ TBD	TBD		Cross Country Field	<b>Departure Time:</b> 6:45 AM		NL
Oct 8, 2019	Tue	Regular Season	Tamarac, Greenwich @ TBD	4:00 PM		Grafton State Park	<b>Departure Time:</b> 3:00 PM		L
Oct 15, 2019	Tue	Meet (Adirondack / Wasaren League Crossover Meet )	Vs. Multiple	4:00 PM		Lake George Elementary School - #12 Cross Country Trails	<b>Class Dismissal:</b> 2:00 PM <b>Departure Time:</b> 2:00 PM		NL
Oct 18, 2019	Fri	Regular Season (Tournament)	@ Greenwich	4:00 PM		Saratoga Spa State Park	<b>Departure Time:</b> 2:45 PM		NL
Oct 22, 2019	Tue	Meet (Wasaren League Championship)	Vs. Multiple	2:30 PM		TBD	<b>Departure Time:</b> 1:00 PM		NL

Date: 2024-08-16