

## Coaches:

- Thomas Hansen, Head Coach
- Serena Braga, Asst Coach
- Maria Whitney
- Paul Stoutenger
- Steve Noftle
- Kaitlyn Hansen
- Thomas Myott

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 7, 2019	Sat	Regular Season (Meet)	@ TBD	1:45 PM	7:15 PM	TBD	<b>Departure Time:</b> 11:30 AM	L
Dec 14, 2019	Sat	Regular Season (Meet)	@ TBD	12:00 PM		Union College	<b>Departure Time:</b> 11:45 AM	L
Dec 14, 2019	Sat	Regular Season (League Meet 2B)	Albany Academies, Catholic Central, Troy, Cobleskill- Richmondville, TBD, Greenwich, Ichabod Crane, Niskayuna High School, Saratoga Springs High School, Schuylerville @ Tamarac	1:45 PM		Union College		L
Dec 21, 2019	Sat	Regular Season (Meet)	@ TBD	12:00 PM		Union College	<b>Departure Time:</b> 6:00 AM	L
Dec 28, 2019	Sat	Regular Season (Meet)	@ TBD	1:45 PM	7:15 PM	Union College	<b>Departure Time:</b> 11:45 AM	L
Dec 29, 2019	Sun	Regular Season (Meet)	@ TBD	9:45 AM		Utica College	<b>Departure Time:</b> 6:15 AM	L
Jan 11, 2020	Sat	Regular Season (Meet)	@ TBD	1:45 PM	7:15 PM	Union College	<b>Departure Time:</b> 11:45 AM	L
CANCELLED Jan 11, 2020	Sat	Regular Season (League Meet 5F)	Albany Academies, Berne-Knox-Westerlo, Cairo-Durham, Emma Willard, Greenwich, Hoosic Valley, Ichabod Crane, LaSalle Institute, Schenectady High School (Winter Track), Troy, Voorheesville, TBD @ Tamarac	1:45 PM	7:15 PM	TBD		L
Jan 18, 2020	Sat	Regular Season (Meet)	@ TBD	1:45 PM	7:15 PM	HVCC	<b>Departure Time:</b> 11:30 AM	L
Jan 25, 2020	Sat	Regular Season (Meet)	@ TBD	1:45 PM		Union College	<b>Departure Time:</b> 11:45 AM	L
Jan 26, 2020	Sun	Regular Season (Meet make-up)	@ TBD	2:00 PM		HVCC	Departure Time: 1:00 PM Return Date: Return Time: 7:00 PM	L
Feb 2, 2020	Sun	Regular Season (Meet)	@ TBD	TBD		SUNY Albany	<b>Departure Time:</b> 12:30 PM	L
Feb 9, 2020	Sun	Regular Season (Freshman Championship Meet)	@ TBD	8:00 AM		HVCC	Departure Time: 6:00 AM Return Date: Return Time: 12:00 PM	L
Feb 16, 2020	Sun	Post-Season (Sectionals)	@ TBD	TBD		SUNY Albany	<b>Departure Time:</b> 12:30 PM	L
Feb 23, 2020	Sun	Post-Season (Sectionals)	@ TBD	TBD		SUNY Albany	<b>Departure Time:</b> 12:30 PM	NL

Date: 2024-07-24