

Coaches:

- John French
- Howard Weller

| DATE | WEEK | ТҮРЕ | OPPONENTS | START EN | D IE LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|------|--|---|------------|-------------------------------|----------------|----------------------------|
| Dec 3, 2019 | Tue | Regular Season | Whitehall (Granville/Whitehall) | 6:00 PM | South Glens Falls HS | | NL |
| Dec 11, 2019 | Wed | Regular Season | Amsterdam (Amsterdam/Broadalbin- Perth) | 6:00 PM | South Glens Falls HS | | L |
| Dec 18, 2019 | Wed | Regular Season (dual meet) | @ Queensbury | 6:00 PM | Queensbury HS, Gold Gym | | L |
| Dec 27, 2019 | Fri | Regular Season (Foothills JV Throwdown) | Salem (Salem- Cambridge), Hudson Falls @ Queensbury | 9:45 AM | Queensbury HS, Blue Gym | | NL |
| Jan 4, 2020 | Sat | Regular Season (Colonie JV Tourney) | Shenendehowa High School, Burnt Hills- Ballston Lake HS, Guilderland High School, Ballston Spa High School, Niskayuna High School, Shaker High School @ Colonie High School | 9:00 AM | Colonie High School MUG | | L |
| Jan 11, 2020 | Sat | Regular Season (Roxanne Weller JV Wrestling Tournament) | Columbia High School, Colonie High School, Salem (Salem- Cambridge), Duanesburg, Hudson Falls, Corinth (Mountaineers) | 9:30 AM | South Glens Falls HS | | NL |
| Jan 15, 2020 | Wed | Regular Season | Glens Falls | 6:00 PM | South Glens Falls HS | | L |
| Jan 22, 2020 | Wed | Regular Season | @ Hudson Falls | 6:00 PM | Hudson Falls HS | | L |
| Jan 27, 2020 | Mon | Regular Season (Foothills JV Throwdown) | Amsterdam (Amsterdam/Broadalbin-Perth), Glens Falls, Queensbury, Corinth (Mountaineers), Hadley-Luzerne @ Hudson Falls | 5:00 PM | Hudson Falls HS | | NL |

Date: 2024-07-14