Coaches:

• Liz Conrad

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 10, 2019	Tue	Regular Season	Hunter-Tannersville, Coxsackie-Athens	4:15 PM		Catskill HS		L
Sep 17, 2019	Tue	Regular Season	Cairo-Durham @ Maple Hill	4:15 PM		MH Cross Country Course		L
Sep 24, 2019	Tue	Regular Season	Chatham @ Hudson	4:15 PM		HS Cross Country Course		L
Oct 2, 2019	Wed	Regular Season (Super Duals at Schodack Island State Park)	Rensselaer, Cairo- Durham, Windham- Ashland-Jewitt, Greenville, Hunter- Tannersville, Coxsackie-Athens, Chatham, Taconic Hills, Hudson, Hawthorne Valley @ Maple Hill	4:15 PM		Schodack Island State Park		L
Oct 8, 2019	Tue	Regular Season	Greenville, Taconic Hills	4:15 PM		Catskill HS		L
Oct 12, 2019	Sat	Regular Season (Glover Invitational - Maple Hill HS)	Rensselaer, Columbia High School, Hoosick Falls, Gloversville, Ichabod Crane, Taconic Hills, Ravena-Coeymans, Albany High School @ Maple Hill	10:30 AM	11:00 AM	MH Cross Country Course		NL
Oct 15, 2019	Tue	Regular Season	Rensselaer, Windham-Ashland- Jewitt, Hawthorne Valley	4:15 PM		Olana State Historic Site		L
Oct 22, 2019	Tue	Regular Season (Patroon Conference Championships at Schodack Island State Park)	Rensselaer, Cairo- Durham, Windham- Ashland-Jewitt, Greenville, Hunter- Tannersville, Coxsackie-Athens, Chatham, Taconic Hills, Hudson, Hawthorne Valley @ Maple Hill	3:30 PM		Schodack Island State Park		L
Oct 25, 2019	Fri	Regular Season (@ Greene County Championships)	Greenville, Coxsackie-Athens, Hunter-Tannersville, Windham-Ashland- Jewitt @ Cairo- Durham	4:15 PM		Track		NL

Date: 2024-07-28