Coaches:



• Jolly Tracey

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 7, 2024	Sat	Regular Season (XC Invitational)	@ Fonda-Fultonville	9:30 AM	Fonda- Fultonville HS	Departure Time: 7:00 AM	NL
Sep 10, 2024	Tue	Regular Season	Cairo-Durham, TBD @ Windham-Ashland- Jewitt	4:30 PM	TBD		L
Sep 14, 2024	Sat	Regular Season (Queensbury Invy)	Lake George, Remsen (Remsen/Town of Webb), Roy C Ketcham/Wappingers JHS, Schenectady High School, Schuylerville, Saratoga Springs High School, Maple Hill, Shaker High School, Delaware Academy, Shenendehowa High School, Adirondack, Gloversville, Broadalbin-Perth, South Lewis, Granville (Granville-Whitehall-Hartford) @ Queensbury	9:00 AM	Queensbury HS Trails @ Elem. School	,	NL
Sep 17, 2024	Tue	Regular Season	Catskill, Albany Leadership Charter @ Hudson	4:30 PM	HS Cross Country Course		L
Sep 21, 2024	Sat	Regular Season (XC Invitational)	@ Galway	9:00 AM	Galway HS	Departure Time: 6:30 AM	NL
Sep 24, 2024	Tue	Regular Season	Hunter-Tannersville, TBD @ Coxsackie- Athens	4:30 PM	Coxsackie- Athens HS		L
Oct 5, 2024	Sat	Regular Season (XC Invitational)	Niskayuna High School @ Saratoga Springs High School	10:30 AM	Pitney Meadows Community Farm	Departure Time: 8:30 AM	NL
Oct 15, 2024	Tue	Regular Season	Hawthorne Valley @ Taconic Hills	4:30 PM	Roeliff Jansen Park		L
Oct 19, 2024	Sat	Regular Season (XC Invitational)	@ Fort Plain	9:00 AM	Fort Plain HS	Departure Time: 6:30 AM	NL
Oct 22, 2024	Tue	Regular Season	Chatham, TBD @ Loudonville Christian	4:30 PM	TBD		L
Oct 29, 2024	Tue	Regular Season	Hudson, Cairo-Durham, Catskill, Albany Leadership Charter, Chatham, Coxsackie- Athens, Rensselaer, Windham-Ashland- Jewitt, Loudonville Christian, Hunter- Tannersville, Hawthorne Valley @ TBD	4:00 PM	Schodack Island State Park		L

Date: 2024-08-23