

Coaches:

• Tara Arsenault, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 15, 2018	Sat	Meet (Queensbury- Adirondack Classic Invitational)	Vs. Multiple	9:00 AM	Queensbury HS	Departure Point: AMS Departure Time: 7:15 AM	NL
Sep 26, 2018	Wed	Regular Season	Niskayuna High School (Modified), Shenendehowa High School @ Shaker High School	4:15 PM	Colonie Mohawk River Town Park	Departure Point: AMS Departure Time: 2:45 PM	L
Oct 3, 2018	Wed	Regular Season	Shaker High School @ Colonie High School	4:15 PM	Sand Creek MS Track	Departure Point: AMS Departure Time: 3:00 PM	L
Oct 6, 2018	Sat	Meet (Maple Hill Kiwanis Glover Invitational)	Vs. Multiple	9:00 AM	Maple Hill HS	Departure Point: AMS Departure Time: 7:15 AM	NL
Oct 10, 2018	Wed	Regular Season	Saratoga Springs High School, Shaker High School, Schenectady High School (Modified) @ Burnt Hills-Ballston Lake HS	4:15 PM	Saratoga Spa State Park	Departure Point: AMS Departure Time: 2:45 PM	L
Oct 17, 2018	Wed	Regular Season	Ballston Spa High School, Burnt Hills- Ballston Lake HS, Albany High School	4:15 PM	APHS Cross Country Course		L
Oct 19, 2018	Fri	Meet (Rensselaer County Meet)	Vs. Multiple	3:30 PM	Grafton State Park	Departure Point: AMS Departure Time: 1:30 PM	NL
Oct 30, 2018	Tue	Meet (SSC Championships)	Vs. Multiple	4:00 PM	Saratoga Spa State Park	Departure Point: AMS Departure Time: 2:45 PM	NL

Date: 2024-10-22