



# Averill Park High School

## (B) V Winter Track

### Coaches:

- Scott Galinski, Head Coach
- Dick Abbatiello, Asst Coach
- Scott Cocca, Asst Coach
- Abby Valachovic, Asst Coach

| DATE         | WEEK DAY | TYPE  | OPPONENTS    | START TIME | END TIME | LOCATION                               | TRANSPORTATION  | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--------------|------------|----------|--|---|---------------------|
| Dec 4, 2022  | Sun      | Meet (League Meet #1)   | Vs. Multiple | 1:45 PM    |          | Union College                          | <b>Departure Point:</b><br>APHS<br><b>Departure Time:</b><br>12:15 PM | NL                  |
| Dec 10, 2022 | Sat      | Meet (League Meet #2)   | Vs. Multiple | 8:00 AM    |          | Union College                          | <b>Departure Point:</b><br>APHS<br><b>Departure Time:</b><br>6:30 AM  | NL                  |
| Dec 17, 2022 | Sat      | Meet (League Meet #3)   | Vs. Multiple | 9:00 AM    |          | Union College                          | <b>Departure Point:</b><br>APHS<br><b>Departure Time:</b><br>7:30 AM  | NL                  |
| Dec 27, 2022 | Tue      | Meet (Boston Holiday Challenge)                                     | Vs. Multiple | 12:00 PM   |          | Reggie Lewis Track and Athletic Center | <b>Departure Point:</b><br>APHS<br><b>Departure Time:</b><br>7:30 AM  | NL                  |
| Dec 29, 2022 | Thu      | Meet (League Meet #4)   | Vs. Multiple | 1:45 PM    |          | Union College                          | <b>Departure Point:</b><br>APHS<br><b>Departure Time:</b><br>12:15 PM | NL                  |
| Jan 7, 2023  | Sat      | Meet (League Meet #5)   | Vs. Multiple | 1:45 PM    |          | Union College                          | <b>Departure Point:</b><br>APHS<br><b>Departure Time:</b><br>12:15 PM | NL                  |
| Jan 8, 2023  | Sun      | Meet (Ed Cepiel Invitational)                                       | Vs. Multiple | 9:45 AM    |          | Springfield College                    | <b>Departure Point:</b><br>APHS<br><b>Departure Time:</b><br>7:00 AM  | NL                  |
| Jan 21, 2023 | Sat      | Meet (U.S. Army Officials Hall of Fame Invite)                      | Vs. Multiple | 8:45 AM    |          | Armory Track                           |   | NL                  |
| Jan 21, 2023 | Sat      | Meet (SSC Championships)  | Vs. Multiple | 2:00 PM    |          | Union College                          | <b>Departure Point:</b><br>APHS<br><b>Departure Time:</b><br>12:15 PM | NL                  |
| Jan 22, 2023 | Sun      | Meet (SSC Championships (shot put & weight throw))                  | Vs. Multiple | 8:00 AM    |          | Koda Middle School White Gym           | <b>Departure Point:</b><br>APHS<br><b>Departure Time:</b><br>6:15 AM  | NL                  |
| Jan 28, 2023 | Sat      | Meet (Section 2 Division 2 Championships)                           | Vs. Multiple | 8:00 AM    |          | Union College                          | <b>Departure Point:</b><br>APHS<br><b>Departure Time:</b><br>6:30 AM  | NL                  |
| Feb 4, 2023  | Sat      | Meet (Section 2 Division 2 Championships (Shot Put & Weight Throw)) | Vs. Multiple | 12:30 PM   |          | Koda Middle School White Gym           | <b>Departure Point:</b><br>APHS<br><b>Departure Time:</b><br>11:00 PM | NL                  |
| Feb 5, 2023  | Sun      | Meet (Section 2 State Qualifiers)                                   | Vs. Multiple | 3:00 PM    |          | Hudson Valley Community College        | <b>Departure Point:</b><br>APHS<br><b>Departure Time:</b><br>1:45 PM  | NL                  |
| Feb 7, 2023  | Tue      | Meet (Section 2 State Qualifiers (Shot Put & Weight Throw))         | Vs. Multiple | 4:45 PM    |          | Koda Middle School White Gym           | <b>Departure Point:</b><br>APHS<br><b>Departure Time:</b><br>3:15 PM  | NL                  |

| DATE         | WEEK<br>DAY | TYPE                                | OPPONENTS    | START<br>TIME | END<br>TIME | LOCATION                            | TRANSPORTATION  | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|-------------------------------------|--------------|---------------|-------------|-------------------------------------|---|----------------------------|
| Feb 17, 2023 | Fri         | Meet (Garden State<br>Invitational) | Vs. Multiple | 2:30<br>PM    |             | Ocean Breeze<br>Athletic<br>Complex | <b>Departure Point:</b><br>APHS<br><b>Departure Time:</b><br>10:00 AM | NL                         |

Date: 2024-11-26