## Ballston Spa High School (B) V Cross Country

## **Coaches:**

- Tara Marie Crisafulli, Head Coach
- Chris McNulty, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 10, 2024	Tue	Regular Season	Columbia High School @ Guilderland High School	4:15 PM		Tawasentha Park	<b>Departure Time:</b> 2:35 PM	L
Sep 24, 2024	Tue	Regular Season	Averill Park High School, Colonie High School @ Saratoga Springs High School	4:15 PM	5:55 PM	Saratoga Spa State Park	<b>Departure Time:</b> 2:45 PM	L
Oct 1, 2024	Tue	Regular Season	Shenendehowa High School, Bethlehem High School @ Shaker High School	4:15 PM	5:55 PM	Colonie Mohawk River Town Park	<b>Departure Time:</b> 2:45 PM	L
Oct 8, 2024	Tue	Regular Season	Burnt Hills-Ballston Lake HS @ Schenectady High School	4:15 PM	5:55 PM	Iroquois Middle School, Niskayuna	<b>Departure Time:</b> 2:45 PM	L
Oct 26, 2024	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park	Departure Time: 12:15 PM	NL

Date: 2024-08-16