

# Ballston Spa High School

## (B) V Winter Track

### Coaches:

- Garry Preece, Head Coach
- Theresa Rousseau, Asst Coach
- Joe McClements

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 4, 2022	Sun	Regular Season (League Meet 1C)	@ TBD	8:00 AM		Union College	<b>Departure Time:</b> 6:45 AM	L
Dec 11, 2022	Sun	Regular Season (League Meet 2C )	@ TBD	8:00 AM		Union College	<b>Departure Time:</b> 6:45 AM	L
CANCELLED Dec 16, 2022	Fri	Regular Season (Ocean Breeze)	@ TBD	4:00 PM		TBD	<b>Departure Point:</b> charter	L
Dec 18, 2022	Sun	Regular Season (League Meet 3C)	@ TBD	8:00 AM		Union College	<b>Departure Time:</b> 6:45 AM	L
Dec 27, 2022	Tue	Regular Season (Boston Holiday Indoor Track Invitational)	@ TBD	12:00 PM		TBD	<b>Departure Point:</b> charter	L
Dec 30, 2022	Fri	Regular Season (League Meet 4C)	@ TBD	8:00 AM		Union College	<b>Departure Time:</b> 6:45 AM	L
Jan 7, 2023	Sat	Regular Season (League Meet 5A)	@ TBD	8:00 AM		Union College	<b>Departure Time:</b> 6:45 AM	L
Jan 8, 2023	Sun	Regular Season (Springfield College indoor track invitational )	@ TBD	9:45 AM		TBD	<b>Departure Point:</b> charter	L
Jan 15, 2023	Sun	Regular Season (Viking Games at HVCC)	@ TBD	9:00 AM		Hudson Valley Community College	<b>Departure Time:</b> 7:15 AM	L
Jan 21, 2023	Sat	Post-Season (Boys Suburban Council Championships)	@ TBD	2:00 PM		Union College	<b>Departure Time:</b> 12:45 PM	L
Jan 22, 2023	Sun	Post-Season (Suburban Council Throwing Championships )	@ TBD	8:00 AM		TBD		L
Jan 28, 2023	Sat	Post-Season (Group 2 Sectionals )	@ TBD	8:00 AM		Union College	<b>Departure Point:</b> ride with boys	L
Feb 4, 2023	Sat	Post-Season (Groups 2 Throwers Sectionals at Shenedehowa)	@ TBD	12:30 PM		TBD		L
Feb 5, 2023	Sun	Post-Season (State Qualifiers)	@ TBD	3:00 PM		Hudson Valley Community College	<b>Departure Time:</b> 1:00 PM	L
Feb 7, 2023	Tue	Post-Season (State Qualifiers - Throwers at Shenedehowa )	@ TBD	4:45 PM		TBD	<b>Departure Point:</b> no transport	L
Feb 17, 2023	Fri	Regular Season (Ocean Breeze Track Meet - Staten Island)	@ TBD	TBD		TBD	<b>Departure Point:</b> charter	L
Feb 25, 2023	Sat	Regular Season (Ocean State Elite Track Invitational - Ocean Breeze Athletic Complex Staten Island)	@ TBD	2:30 PM		TBD	<b>Departure Point:</b> 5-8 students parent transport - Staten Island	L
Mar 1, 2023	Wed	Post-Season (Eastern States Indoor Track & Field Championships - The Armory NYC)	@ TBD	3:30 PM		TBD	<b>Departure Point:</b> 5-8 students parent transport	L
Mar 4, 2023	Sat	Post-Season (State Championships - Ocean Breeze)	@ TBD	TBD		TBD		L

Date: 2024-07-14