



Burnt Hills-Ballston Lake HS

(B) MOD9 Cross Country

Coaches:

- Alex James

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 18, 2024	Wed	Regular Season	Saratoga Springs High School @ Bethlehem High School	4:30 PM	6:10 PM	Elm Avenue Park		L
Sep 25, 2024	Wed	Regular Season	Shaker High School, Columbia High School @ Albany High School	4:30 PM	6:10 PM	Capital Hills Golf Course		L
Oct 9, 2024	Wed	Regular Season	Ballston Spa High School @ Schenectady High School (Modified)	4:30 PM	6:10 PM	Central Park		L
Oct 12, 2024	Sat	Regular Season	Saratoga Springs High School, Shaker High School, Ballston Spa High School	9:00 AM		Saratoga Spa State Park		NL
Oct 12, 2024	Sat	Regular Season (Burnt Hills Cross Country Invitational)	Broadalbin-Perth	9:15 AM		Saratoga Spa State Park		NL
Oct 16, 2024	Wed	Regular Season	Averill Park High School, Niskayuna High School (Modified) @ Shenendehowa High School	4:30 PM	6:10 PM	Shen Cross Country Trail		L
Oct 22, 2024	Tue	Regular Season	Christian Brothers Academy, Albany, Colonie High School, Guilderland High School	4:30 PM	6:10 PM	TBD		L
Oct 26, 2024	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM		Saratoga Spa State Park		NL

Date: 2024-09-18