

Coaches:

- Jeremy Eggleston, Head Coach
- Rachel Clement, Head Coach
- Melanie Lautenschlager, Head Coach
- Glenn Wolin, Head Coach

| DATE | WEEK | TYPE | OPPONENTS | START END TIME TIME | - I ()('A) I (()N | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|---------------------------|------|--------------------------|---|------------------------|--------------------------|---|----------------------------|
| May 2, 2019 | Thu | Regular Season | Troy @ Bethlehem High School | 4:15 PM | High School Track | Departure Point: 1 bus @ LK; 1 bus @ SC Departure Time: 3:00 PM | L |
| May 9, 2019 | Thu | Regular Season | Schenectady High School (Boys Modified Track) | 4:15 PM | Colonie High Track | Departure Point: 1 bus @ LK; 1 bus @ SC Departure Time: 3:00 PM | L |
| May 14, 2019 | Tue | Regular Season | Niskayuna High School (Modified), Ballston Spa High School | 4:15 PM | Colonie High Track | Departure Point: 1 bus @ LK; 1 bus @ SC Departure Time: 3:00 PM | L |
| POSTPONED May 23, 2019 | Thu | Regular Season | Schenectady High School (Boys Modified Track), Troy @ Christian Brothers Academy, Albany | 4:15 PM | CBA Track | Departure Point: 1 bus @ LK; 1 bus @ SC Departure Time: 3:00 PM | L |
| May 29, 2019 | Wed | Meet (SSC Final Meet) | Vs. Multiple | 4:15 PM | Ballston Spa Track | Departure Point: Lisha Kill MS Departure Time: 3:00 PM | NL |

Date: 2024-09-28