



**Colonie High School**  
**(G) V Winter Track**

**Coaches:**

- Frank Myers, Head Coach
- Justin Bopp, Asst Coach
- Michael Caccuito, Asst Coach
- Gabe Young, Asst Coach
- Shai Young, Asst Coach
- Joe Yamin, Asst Coach
- Brandon Sesay, Asst Coach

Date: 2024-07-06