



Colonie High School

(G) V Winter Track

Coaches:

- Frank Myers, Head Coach
- Justin Bopp, Asst Coach
- Michael Caccuito, Asst Coach
- Gabe Young, Asst Coach
- Shai Young, Asst Coach
- Joe Yamin, Asst Coach
- Brandon Sesay, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 27, 2021	Sat	Regular Season (TCITL League Meet 1A)	@ TBD	8:00 AM		Hudson Valley Community College	Departure Point: High School Departure Time: 6:45 AM	L
Dec 3, 2021	Fri	Regular Season (North Shore Season Opener)	@ TBD	4:00 PM		The Armory - NYC	Departure Point: High School Departure Time: 11:00 AM	L
Dec 11, 2021	Sat	Regular Season (Jim Mitchell Invitational)	@ TBD	4:00 PM		The Armory - NYC	Departure Point: High School Departure Time: 11:00 AM	L
Dec 12, 2021	Sun	Regular Season (TCITL League Meet 2D)	@ TBD	8:00 AM		Hudson Valley Community College	Departure Point: High School Departure Time: 6:45 AM	L
Dec 17, 2021	Fri	Regular Season (Coach Saint Invy)	@ TBD	4:00 PM		The Armory - NYC	Departure Point: High School Departure Time: 11:00 AM	L
Dec 18, 2021	Sat	Regular Season (TCITL League Meet 3A)	@ TBD	8:00 AM		Union College	Departure Point: High School Departure Time: 6:45 AM	L
Dec 27, 2021	Mon	Regular Season (Boston Holiday Classic)	@ TBD	12:00 PM		Reggie Lewis Track & Field Boston, MA	Departure Point: High School Departure Time: 6:45 AM	L
Dec 28, 2021	Tue	Regular Season (TCITL League Meet 4E)	@ TBD	8:00 AM		Hudson Valley Community College	Departure Point: High School Departure Time: 6:45 AM	L
Jan 2, 2022	Sun	Regular Season (TCITL League Meet 5C)	@ TBD	8:00 AM		Hudson Valley Community College	Departure Point: High School Departure Time: 6:45 AM	L
Jan 8, 2022	Sat	Regular Season (Ed Cepiel Invitational)	@ TBD	9:00 AM		Springfield College, MA	Departure Point: High School Departure Time: 6:00 AM	L
Jan 15, 2022	Sat	Regular Season (Jack Reed Showcase @ Nazareth College)	@ TBD	8:00 AM		TBD	Departure Point: High School Departure Time: 5:00 AM	L
Jan 15, 2022	Sat	Regular Season (TCITL League Meet 6A)	@ TBD	8:00 AM		Union College	Departure Point: High School Departure Time: 6:45 AM	L
Jan 22, 2022	Sat	Regular Season (Freshman Championships)	@ TBD	8:00 AM		Union College	Departure Point: High School Departure Time: 6:45 AM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 22, 2022	Sat	Regular Season (New Balance Games)	@ TBD	9:00 AM		The Armory - NYC	Departure Point: High School Departure Time: 11:00 AM	NL
Jan 23, 2022	Sun	Regular Season (Frank DiMasi Invitational)	@ TBD	9:00 AM		Utica College	Departure Point: High School Departure Time: 6:00 AM	L
Feb 18, 2022	Fri	Regular Season (North Shore Pre- National Invitational)	@ TBD	4:00 PM		The Armory - NYC	Departure Point: High School Departure Time: 11:00 AM	L
Mar 1, 2022	Tue	Regular Season (Eastern States Championships)	@ TBD	4:00 PM		The Armory - NYC	Departure Point: High School Departure Time: 11:00 AM	L

Date: 2024-06-12