Coaches:

• Matt Stenglein, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 26, 2022	Sat	Regular Season (CDWOA TOURNAMENT)	Niskayuna High School @ Shenendehowa High School	9:00 AM	7:00 PM	Shen High School East Gym 1 (Main)	Departure Time: 7:30 AM	L
Dec 3, 2022	Sat	Regular Season (Tournament)	Shenendehowa High School, Warrensburg (Warrensburg/Lake George), Salem (Salem-Cambridge), Saratoga Springs High School @ Burnt Hills- Ballston Lake HS	10:00 AM		BH-BL HS Gym	Departure Time: 6:45 AM	NL
Dec 7, 2022	Wed	Regular Season	@ Columbia High School	6:00 PM	8:00 PM	Columbia H.S.		NL
Dec 17, 2022	Sat	Regular Season (JV Tournament)	Shenendehowa High School, Ballston Spa High School, Shaker High School, Salem (Salem-Cambridge), Saratoga Springs High School, Guilderland High School, Scotia- Glenville @ Niskayuna High School	10:00 AM		High School	Departure Time: 7:00 AM	L
Jan 4, 2023	Wed	Regular Season	@ Shenendehowa High School	6:00 PM	8:55 PM	Shen High School East Gym 1 (Main)		L
Jan 11, 2023	Wed	Regular Season	@ Guilderland High School	6:00 PM	8:55 PM	Guilderland High School East Gym		L
Jan 21, 2023	Sat	Regular Season (Tournament)	Shenendehowa High School, Hudson Falls, Burnt Hills-Ballston Lake HS, Saratoga Springs High School, Schenectady High School (JV Wrestling) @ Guilderland High School	9:00 AM	7:00 PM	Guilderland High School East Gym		L
Feb 1, 2023	Wed	Regular Season	@ Shaker High School	6:00 PM		Colonie Center		L

Date: 2024-07-19