

## Coaches:

- Ashley Gansle, Head Coach
- Zachary Yannone, Asst Coach

DATE	WEEK	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 17, 2024	Tue		Shenendehowa High School, Schenectady High School, Colonie High School	4:15 PM	5:55 PM	Cross Country B&G - Schodack Island State Park		L
Oct 8, 2024	Tue	Regular Season	Averill Park High School, Bethlehem High School	4:15 PM	5:55 PM	Cross Country B&G - Schodack Island State Park		L

Date: 2024-07-17