



Guilderland High School

(G) V Skiing (Cross Country)

Coaches:

- Brigham McCutcheon
- Kyle Kapusinsky

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 7, 2019	Sat	Regular Season (SCRIMMAGE)	@ TBD	11:00 AM	3:00 PM	Gore Mountain - NCSB	Departure Point: EAST GYM - FOOD STOP Departure Time: 7:30 AM	L
Dec 13, 2019	Fri	Regular Season (JB INVY)	@ TBD	1:00 PM	7:30 PM	GARNET HILL	Departure Point: CHARTER Departure Time: 11:00 AM	L
Dec 23, 2019	Mon	Regular Season (practice)	@ TBD	TBD	6:00 PM	Maple Ski Ridge	Departure Point: east Departure Time: 3:15 PM	L
Dec 28, 2019	Sat	Regular Season (QB RELAYS)	@ TBD	10:00 AM	1:00 PM	QB HIGH	Departure Point: EAST GYM - FOOD STOP Departure Time: 8:00 AM	L
Jan 2, 2020	Thu	Regular Season (SARA/SHEN INVY)	@ TBD	2:00 PM	7:30 PM	Gore Mountain - NCSB	Departure Point: EAST GYM Departure Time: 12:30 PM	L
Jan 8, 2020	Wed	Regular Season (Johnstown Guilderland Invy)	@ Johnstown (Nordic)	3:00 PM	7:30 PM	Lapland Lake Nordic Ski	Departure Point: EAST Departure Time: 12:00 PM	L
Jan 18, 2020	Sat	Regular Season (GORE INVY)	@ TBD	11:00 AM	3:00 PM	Gore Mountain - NCSB	Departure Point: EAST GYM - FOOD STOP Departure Time: 7:00 AM	L
Jan 20, 2020	Mon	Regular Season (MLK)	@ TBD	10:00 AM		TBD	Departure Point: OWN TRANSPORTATION	L
Jan 24, 2020	Fri	Regular Season (MAYFIELD INVY)	@ TBD	4:00 PM	7:30 PM	Lapland Lake	Departure Point: EAST GYM - FOOD STOP Departure Time: 1:00 PM	L
Jan 29, 2020	Wed	Regular Season (LG/GF INVY)	@ TBD	4:00 PM	7:00 PM	Gore Mountain - NCSB	Departure Point: EAST GYM Departure Time: 12:00 PM	L
Jan 31, 2020	Fri	Regular Season (EMPIRE STATE GAMES)	@ TBD	TBD		TBD		L
Feb 4, 2020	Tue	Regular Season (SCOTIA RELAY)	@ TBD	4:00 PM	6:30 PM	Maple Ski Ridge	Departure Point: EAST GYM Departure Time: 2:30 PM	L
Feb 12, 2020	Wed	Regular Season (SECTIONALS)	@ TBD	2:00 PM	6:00 PM	Lapland Lake	Departure Point: EAST GYM Departure Time: 1:00 PM	L
Feb 13, 2020	Thu	Regular Season	@ Scotia-Glenville	3:00 PM	6:30 PM	Lapland Lake		L

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Feb 24, 2020	Mon	Regular Season (STATE MEET INDIVIDUAL)	TBD	TBD	TBD			L
Feb 25, 2020	Tue	Regular Season (STATE MEET RELAY)	TBD	TBD	TBD			L

Date: 2024-07-16