



# Guilderland High School

## (G) MOD9 Cross Country

### Coaches:

- Taylor Tommell

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2019	Wed	Regular Season	Burnt Hills-Ballston Lake HS, Averill Park High School, Niskayuna High School (Modified)	4:15 PM		Tawasentha Park	<b>Departure Point:</b> FMS FRONT 1 BUS DROPP ONLY <b>Departure Time:</b> 3:00 PM	L
Sep 18, 2019	Wed	Regular Season	Bethlehem High School @ Albany High School	4:15 PM	6:00 PM	Washington Park	<b>Departure Point:</b> FMS FRONT 1 BUS <b>Departure Time:</b> 3:00 PM	L
Sep 21, 2019	Sat	Regular Season (Invitational)	Oriskany, Shaker High School, Schenectady High School (Modified)	9:00 AM	1:00 PM	Tawasentha Park		NL
Sep 25, 2019	Wed	Regular Season	Schenectady High School (Modified), Ballston Spa High School @ Shaker High School	4:15 PM	6:00 PM	Colonie Mohawk River Town Park	<b>Departure Point:</b> FMS FRONT 1 BUS <b>Departure Time:</b> 3:15 PM	L
Oct 3, 2019	Thu	Regular Season	Shenendehowa High School	4:15 PM		Tawasentha Park	<b>Departure Point:</b> FMS FRONT DROP 1 BUS <b>Departure Time:</b> 3:30 PM	L
Oct 16, 2019	Wed	Regular Season	Saratoga Springs High School @ Colonie High School	4:15 PM	6:00 PM	Sand Creek MS Track	<b>Departure Point:</b> FMS FRONT <b>Departure Time:</b> 2:45 PM	L
Oct 26, 2019	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park		NL

Date: 2024-07-19