



# Niskayuna High School

## (G) V Cross Country

### Coaches:

- Joe Skufca

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 24, 2022	Wed	Practice (Patroon Land Farm Voorheesville Food bank)	N/A	TBD		TBD		
Sep 3, 2022	Sat	Regular Season (Ekiden)	Schuylerville, Schenectady High School, Shaker High School, Queensbury, Rome Free Academy	9:30 AM	1:00 PM	Iroquois Middle School		L
Sep 20, 2022	Tue	Regular Season	Bethlehem High School, Guilderland High School	4:15 PM	5:55 PM	Iroquois Middle School		L

Date: 2024-07-17