

## Coaches:

- Art Kranick, Head Coach
- Linda Kranick, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	TIME		I TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 26, 2024	Mon	Practice	N/A	10:00 AM	12:30 PM			
Aug 27, 2024	Tue	Practice	N/A	10:00 AM	12:30 PM	TBD		
Aug 28, 2024	Wed	Practice	N/A	10:00 AM	12:30 PM	TBD		
Aug 30, 2024	Fri	Practice	N/A	10:00 AM	12:30 PM	TBD		
Aug 31, 2024	Sat	Practice	N/A	10:00 AM	12:30 PM	ושט		
Sep 1, 2024	Sun	Practice	N/A	10:00 AM	12:30 PM			
Sep 2, 2024	Mon	Practice	N/A	10:00 AM	12:30 PM			
Sep 3, 2024	Tue	Practice	N/A	10:00 AM	12:30 PM			
Sep 4, 2024	Wed	Practice	N/A	10:00 AM	12:30 PM	TBD		
Sep 6, 2024	Fri	Practice	N/A	3:00 PM	5:30 PM	TBD		
Sep 24, 2024	Tue	Regular Season	Averill Park High School, Colonie High School, Ballston Spa High School	4:15 PM	5:55 PM	Saratoga Spa State Park	Departure Point: High School Departure Time: 3:00 PM	L
Oct 8, 2024	Tue	Regular Season	Shenendehowa High School, Guilderland High School, Albany High School	4:15 PM	5:55 PM	Saratoga Spa State Park	Departure Point: High School Departure Time: 3:00 PM	L
Oct 12, 2024	Sat	Regular Season (2024 Burnt Hills XC Invitational)	Schuylerville	9:00 AM		Saratoga Spa State Park		L
Oct 26, 2024	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park		NL

Date: 2024-09-27