

Coaches:

- Shane Zanetti
- Cole Harris

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 11, 2019	Wed	Regular Season	Christian Brothers Academy, Albany @ Schenectady High School (Modified)	4:45 PM	5:55 PM	Central Park	Departure Time: 3:00 PM	L
Sep 14, 2019	Sat	Regular Season (Queensbury Invitational)	@ TBD	9:00 AM		Queensbury HS	Departure Time: 7:00 AM	NL
Sep 18, 2019	Wed	Regular Season	Shaker High School, Shenendehowa High School, Niskayuna High School (Modified)	4:15 PM	5:55 PM	Saratoga Spa State Park	Departure Time: 3:15 PM	L
Sep 25, 2019	Wed	Regular Season	Bethlehem High School @ Burnt Hills- Ballston Lake HS	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Sep 28, 2019	Sat	Regular Season (Galway Invitational @ Bob's Trees)	@ TBD	9:00 AM		TBD	Departure Time: 7:00 AM	NL
Oct 3, 2019	Thu	Regular Season	Albany High School, Averill Park High School @ Ballston Spa High School	4:15 PM	5:55 PM	Saratoga Spa State Park	Departure Point: Share with Girls Mod XC Departure Time: 3:00 PM	L
Oct 5, 2019	Sat	Regular Season (Grout Run Invitational @ Central Park)	@ TBD	9:00 AM		Central Park	Departure Time: 7:00 AM	NL
Oct 12, 2019	Sat	Regular Season (Burnt Hills Invitational)	@ TBD	9:30 AM		Saratoga Spa State Park		NL
Oct 16, 2019	Wed	Regular Season	Guilderland High School @ Colonie High School	4:15 PM	6:00 PM	Sand Creek MS Track		L
Oct 18, 2019	Fri	Regular Season (Greenwich Invitational)	@ TBD	4:00 PM		Saratoga Spa State Park	Departure Time: 3:00 PM	NL
Oct 26, 2019	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park		NL

Date: 2024-07-15