

## Coaches:

• Kasey Lemos, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 26, 2024	Mon	Practice	N/A	7:00 AM	8:30 AM	SSHS Varsity Soccer		
Aug 27, 2024	Tue	Practice	N/A	7:00 AM	8:30 AM	SSHS Varsity Soccer		
Aug 28, 2024	Wed	Practice	N/A	7:00 AM	8:30 AM	SSHS Varsity Soccer		
Aug 29, 2024	Thu	Practice	N/A	7:00 AM	8:30 AM	SSHS Varsity Soccer		
Aug 30, 2024	Fri	Practice	N/A	7:00 AM	8:30 AM	SSHS Varsity Soccer		
Aug 31, 2024	Sat	Practice	N/A	8:00 AM	9:00 PM	SSHS Varsity Soccer		
Sep 10, 2024	Tue	Regular Season	@ Averill Park High School	4:15 PM	5:55 PM	APHS Varsity Soccer Field		L
Sep 12, 2024	Thu	Regular Season	@ Albany High School	6:10 PM	8:00 PM	Albany Turf Stadium Field		L
Sep 14, 2024	Sat	Regular Season	Columbia High School	11:00 AM	12:40 PM	SSHS Varsity Soccer		L
Sep 17, 2024	Tue	Regular Season	@ Shenendehowa High School	4:15 PM	5:55 PM	Shen Field 8		L
Sep 21, 2024	Sat	Regular Season	Christian Brothers Academy, Albany	10:00 AM	12:00 PM	SSHS Turf Field		L
Sep 24, 2024	Tue	Regular Season	Colonie High School	7:00 PM	8:55 PM	SSHS Turf Field		L
Sep 26, 2024	Thu	Regular Season	Burnt Hills-Ballston Lake HS	7:00 PM		SSHS Turf Field		L
Sep 28, 2024	Sat	Regular Season	@ Shaker High School	7:00 PM		Arthur Walker Field- Shaker High School		L
Oct 1, 2024	Tue	Regular Season	@ Ballston Spa High School	4:15 PM	5:55 PM	Soccer/Lacrosse Field #1		L
Oct 8, 2024	Tue	Regular Season	Guilderland High School	4:15 PM	5:55 PM	SSHS Varsity Soccer		L
Oct 10, 2024	Thu	Regular Season	@ Schenectady High School	4:30 PM	5:55 PM	Larry Mulvaney Field		L
Oct 15, 2024	Tue	Regular Season	Niskayuna High School	7:00 PM	8:55 PM	SSHS Turf Field		L
Oct 17, 2024	Thu	Regular Season	@ Bethlehem High School	7:00 PM	8:55 PM	High School Varsity Lacrosse/Soccer		L

Date: 2024-08-12