

Coaches:

- Gage Simpson, Coach
- Jake Zanetti

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|------------------------|-------------|--|---|---------------|-------------|------------------------------------|--|----------------------------|
| Nov 23, 2019 | Sat | Practice (weight Certification @ Queensbury) | N/A | TBD | | TBD | Departure Time: 7:00 AM | |
| Nov 30, 2019 | Sat | Regular Season (CDWOA) | @ Queensbury | 10:15 AM | | Queensbury HS | Departure Point: one bus Departure Time: 7:00 AM Return Date: Return Time: 2:00 PM | L |
| Dec 7, 2019 | Sat | Regular Season (JV Wrestling tournament) | Colonie High School, Shenendehowa High School, Queensbury @ Burnt Hills-Ballston Lake HS | 10:00 AM | | BH-BL HS Gym | Departure Time: 7:00 AM Return Date: Return Time: 3:30 PM | NL |
| Dec 10, 2019 | Tue | Regular Season | @ Burnt Hills-Ballston Lake HS | 6:00 PM | 8:55 PM | BH-BL HS Gym | | L |
| Dec 12, 2019 | Thu | Regular Season | Bethlehem High School | 6:00 PM | 8:55 PM | Saratoga Springs High School | | L |
| Dec 14, 2019 | Sat | Regular Season (Ballston Spa JV Wrestling Tournament) | Hudson Falls, Burnt Hills-Ballston Lake HS, Niskayuna High School, Schenectady High School (JV Wrestling) @ Ballston Spa High School | TBD | | Ballston Spa High School Gym | Departure Time: 7:00 AM Return Date: Return Time: 2:00 PM | L |
| Dec 18, 2019 | Wed | Regular Season | Guilderland High School | 6:00 PM | 8:00 PM | Saratoga Springs High School | | L |
| CANCELLED Dec 23, 2019 | Mon | Meet (SSC Play Day at Ballston Spa) | Vs. Multiple | 9:00 AM | | Ballston Spa High School Gym | Departure Time: 7:00 AM Return Date: Return Time: 12:00 PM | NL |
| Dec 23, 2019 | Mon | Regular Season (Tournament) | Schenectady High School (JV Wrestling), Colonie High School, Shenendehowa High School, Guilderland High School, Queensbury, TBD, Shaker High School, Ballston Spa High School @ Niskayuna High School | 10:00 AM | | High School | Departure Time: 7:00 AM Return Date: Return Time: 12:00 PM | L |
| Jan 8, 2020 | Wed | Regular Season | @ Niskayuna High School | 6:00 PM | 8:55 PM | High School | | L |
| Jan 9, 2020 | Thu | Regular Season | @ Averill Park High School | 6:00 PM | 8:55 PM | APHS Main Gymnasium | | L |
| Jan 15, 2020 | Wed | Regular Season | Shaker High School | 6:00 PM | 8:55 PM | Saratoga Springs High School | | L |
| Jan 23, 2020 | Thu | Regular Season | @ Colonie High School | 6:00 PM | 8:55 PM | Colonie High School MUG | | L |

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|--------------|-------------|---|---|---------------|------------|---|---|----------------------------|
| Jan 25, 2020 | Sat | Regular Season (JV Guilderland Tourney) | Warrensburg (Warrensburg/Lake George), Shenendehowa High School, Ballston Spa High School, Burnt Hills-Ballston Lake HS, Niskayuna High School @ Guilderland High School | 9:30 AM | | Guilderland High School West (Big) Gym | Departure Time: 6:45 AM Return Date: Return Time: 2:00 PM | NL |
| Jan 27, 2020 | Mon | Meet (SSC Play Day) | Vs. Multiple | 4:15 PM | | Guilderland High School East Gym | Departure Time: 2:45 PM Return Date: Return Time: 7:00 PM | NL |
| Jan 29, 2020 | Wed | Regular Season | Shenendehowa High School | 6:00 PM | 8:55 PM | Saratoga Springs High School | | L |

Date: 2024-08-12