



Saratoga Springs High School

(G) JV Cheerleading (Fall)

Coaches:

- Ricardo Smith
- Carla Greenspan

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2024	Mon	Practice (Tryouts)	N/A	3:45 PM	6:15 PM	SSHS WHITE GYM		
Aug 27, 2024	Tue	Practice (Tryouts)	N/A	3:45 PM	6:15 PM	SSHS WHITE GYM		
Aug 28, 2024	Wed	Practice (Tryouts)	N/A	3:45 PM	6:15 PM	SSHS WHITE GYM		
Aug 29, 2024	Thu	Practice (Tryouts)	N/A	3:45 PM	7:00 PM	SSHS WHITE GYM		
Aug 30, 2024	Fri	Practice (Parent & Athlete Meeting)	N/A	4:00 PM	6:00 PM	SSHS WHITE GYM		
Sep 3, 2024	Tue	Practice	N/A	4:00 PM	6:30 PM	SSHS WHITE GYM		
Sep 4, 2024	Wed	Practice	N/A	4:00 PM	6:30 PM	SSHS WHITE GYM		
Sep 5, 2024	Thu	Regular Season (Christian Brothers Academy)	TBD	5:00 PM		Saratoga Springs High School		L
Sep 6, 2024	Fri	Practice	N/A	4:00 PM	6:30 PM	SSHS WHITE GYM		
Sep 9, 2024	Mon	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Sep 10, 2024	Tue	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Sep 11, 2024	Wed	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Sep 12, 2024	Thu	Practice	N/A	4:00 PM	6:30 PM	Saratoga Springs Wellness Studio		
Sep 13, 2024	Fri	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Sep 16, 2024	Mon	Practice	N/A	4:00 PM	6:30 PM	Saratoga Springs Wellness Studio		
Sep 17, 2024	Tue	Practice	N/A	4:00 PM	6:30 PM	Saratoga Springs Wellness Studio		
Sep 18, 2024	Wed	Practice	N/A	4:00 PM	6:30 PM	SSHS WHITE GYM		
Sep 19, 2024	Thu	Practice	N/A	4:00 PM	6:30 PM	SSHS WHITE GYM		
Sep 20, 2024	Fri	Practice	N/A	4:00 PM	6:30 PM	SSHS WHITE GYM		
Sep 23, 2024	Mon	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Sep 24, 2024	Tue	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Sep 25, 2024	Wed	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Sep 26, 2024	Thu	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Sep 27, 2024	Fri	Practice	N/A	4:00 PM	6:30 PM	SSHS WHITE GYM		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 30, 2024	Mon	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Oct 1, 2024	Tue	Practice	N/A	4:30 PM	6:30 PM	Saratoga Springs Wellness Studio		
Oct 2, 2024	Wed	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Oct 4, 2024	Fri	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Oct 7, 2024	Mon	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Oct 8, 2024	Tue	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Oct 10, 2024	Thu	Practice	N/A	4:30 PM	6:30 PM	Saratoga Springs Wellness Studio		
Oct 11, 2024	Fri	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Oct 15, 2024	Tue	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Oct 16, 2024	Wed	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Oct 17, 2024	Thu	Regular Season	Guilderland High School (Fall)	5:00 PM		Saratoga Springs High School		L
Oct 18, 2024	Fri	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Oct 21, 2024	Mon	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Oct 22, 2024	Tue	Practice	N/A	4:30 PM	6:30 PM	Saratoga Springs Wellness Studio		
Oct 23, 2024	Wed	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Oct 24, 2024	Thu	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Oct 25, 2024	Fri	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Oct 28, 2024	Mon	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Oct 29, 2024	Tue	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Oct 30, 2024	Wed	Practice	N/A	4:30 PM	6:30 PM	SSHS WHITE GYM		
Oct 31, 2024	Thu	Regular Season	Shenendehowa High School (Fall)	5:00 PM		Saratoga Springs High School		L

Date: 2024-08-11