



Shaker High School

Girls Varsity Cross Country

2024 - 2025

Athletics Director: Sean Colfer
Assistant: David Stadlander

445 Watervliet Shaker Rd
Latham, NY, 12110
(518) 785-5511
northcolonie.org

Coaches:

- Keith Weiss, Head Coach
- Jenny DeBellis, Asst Coach
- Erin Gregory, Asst Coach

Players (49)

| NAME | GRADE |
|---------------------------|-------|
| Zainab Abdul Qayoom | 9 |
| Bhavya Adhyaksham Venkata | 10 |
| Simra Ali | 9 |
| Sadhika Ambadipudi | 9 |
| Boshra Benantar | 10 |
| Brianna Bilger | 10 |
| Harika Byraju | 11 |
| Alyssa Caiano | 12 |
| Tanvi Chekkara | 10 |
| Tejasvi Chekkara | 10 |
| Evamarie Ciuffo | 10 |
| Isabella Doolittle | 11 |
| Charlotte Dunkel | 12 |
| Sahana Ganesh | 9 |
| Ananya Gangarapu | 9 |
| Lilyana Griffin | 8 |
| Lilly Higgins | 9 |
| Molly Higgins | 8 |
| Maeve Hisgen | 10 |
| Zainab Irfan | 10 |
| Sakthi Jagannath | 12 |
| Mackenzie Kelly | 12 |
| Naomi Li | 10 |
| Lydia Lin | 11 |
| Zoe Martinez | 10 |
| Lillian Mastaitis | 11 |
| Megan McKinney | 8 |
| Ruby Miracle | 10 |
| Sahana Miracle | 10 |
| Vidya Narra | 9 |
| Lindsey Nguyen | 9 |
| Simran Nichani | 10 |
| Pragna Obiddi | 10 |
| Krithi Pala | 12 |
| Arianna Phillips | 11 |
| Victoria Raghubar | 12 |
| Saishrimayi Raja | 9 |
| Rose Ren | 10 |
| Juliet Renaldi | 11 |

| NAME | GRADE |
|--------------------|-------|
| Theresa Rheingold | 12 |
| Tiana Rheingold | 9 |
| Hannah Scheu | 12 |
| Alina Shargorotski | 9 |
| Elizabeth Simonds | 9 |
| Quinn Smith | 9 |
| Chloe St John | 9 |
| Emma Stone | 9 |
| Regina Tamburello | 10 |
| Miquela Torres | 10 |