



Shaker High School

Girls Varsity Cross Country

2024 - 2025

Athletics Director: Sean Colfer
Assistant: David Stadlander

445 Watervliet Shaker Rd
Latham, NY, 12110
(518) 785-5511
northcolonie.org

Coaches:

- Keith Weiss, Head Coach
- Jenny DeBellis, Asst Coach
- Erin Gregory, Asst Coach

Players (49)

NAME	GRADE
Zainab Abdul Qayoom	9
Bhavya Adhyaksham Venkata	10
Simra Ali	9
Sadhika Ambadipudi	9
Boshra Benantar	10
Brianna Bilger	10
Harika Byraju	11
Alyssa Caiano	12
Tanvi Chekkara	10
Tejasvi Chekkara	10
Evamarie Ciuffo	10
Isabella Doolittle	11
Charlotte Dunkel	12
Sahana Ganesh	9
Ananya Gangarapu	9
Lilyana Griffin	8
Lilly Higgins	9
Molly Higgins	8
Maeve Hisgen	10
Zainab Irfan	10
Sakthi Jagannath	12
Mackenzie Kelly	12
Naomi Li	10
Lydia Lin	11
Zoe Martinez	10
Lillian Mastaitis	11
Megan McKinney	8
Ruby Miracle	10
Sahana Miracle	10
Vidya Narra	9
Lindsey Nguyen	9
Simran Nichani	10
Pragna Obiddi	10
Krithi Pala	12
Arianna Phillips	11
Victoria Raghubar	12
Saishrimayi Raja	9
Rose Ren	10
Juliet Renaldi	11

NAME	GRADE
Theresa Rheingold	12
Tiana Rheingold	9
Hannah Scheu	12
Alina Shargorotski	9
Elizabeth Simonds	9
Quinn Smith	9
Chloe St John	9
Emma Stone	9
Regina Tamburello	10
Miquela Torres	10