



Shaker High School

Girls Varsity Gymnastics

2024 - 2025

Athletics Director: Sean Colfer
Assistant: David Stadlander

445 Watervliet Shaker Rd
Latham, NY, 12110
(518) 785-5511
northcolonie.org

Coaches:

- Keshia Ramirez, Head Coach
- Keri Lockhart, Asst Coach

Players (18)

NAME	GRADE
Alyssa Caiano	12
Adalynn Cooper	7
Isabel DeFilipo	10
Isabelle King	7
Catriona Molano	10
Vidya Narra	9
Lindsey Nguyen	9
Zelda Nguyen	7
Alexandra Phoenix	9
Grace Russell	7
Alina Shargorotski	9
Theresa Sirtori	10
Jenna Stadnik	9
Ellie Stagliano	9
Caroline Stark	10
Alexa Taveras	10
Tanishka Thennarasu	9
Vivian Venditti	8