



Shaker High School

(G) V Outdoor Track

Coaches:

- Jenny DeBellis, Head Coach
- Kelsey McCormack, Asst Coach
- Jennifer Moran, Asst Coach
- Arnel Joyner, Asst Coach
- Dave Schroeder, Asst Coach
- Lavaughn Garland, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE
Apr 6, 2022	Wed	Regular Season 89-87 W	@ Burnt Hills-Ballston Lake HS	4:15 PM	6:55 PM	BH-BL HS Track	Departure Time: 2:45 PM Return Date: Return Time: 6:30 PM	L
Apr 13, 2022	Wed	Regular Season	@ Shenendehowa High School	4:15 PM		Shen High School East Stadium (Track)	Departure Time: 2:45 PM Return Date: Return Time: 6:30 PM	L
Apr 16, 2022	Sat	Meet (Lady Eagle Invitational)	Vs. Multiple	10:00 AM		TBD	Departure Time: 8:30 AM Return Date: Return Time: 2:00 PM	NL
Apr 27, 2022	Wed	Regular Season	Colonie High School	4:15 PM	6:55 PM	Arthur Walker Field- Shaker High School		L
Apr 30, 2022	Sat	Regular Season (Anthony Luciano Track Invitational)	Lake George, Schuylerville, Coxsackie-Athens, South Glens Falls, Queensbury, Burnt Hills-Ballston Lake HS, Broadalbin-Perth, Greenwich, Ichabod Crane, Corinth (Corinth/HL), Guilderland High School, Colonie High School, Mount Anthony, Catholic Central, Troy, Saranac @ Hudson Falls	9:00 AM	4:00 PM	Hudson Falls HS	Departure Time: 7:00 AM Return Date: Return Time: 3:00 PM	NL
May 4, 2022	Wed	Regular Season	Niskayuna High School @ Guilderland High School	4:15 PM	6:15 PM	GHS Track	Departure Time: 2:50 PM Return Date: Return Time: 6:30 PM	L
May 11, 2022	Wed	Regular Season	Bethlehem High School, Saratoga Springs High School	4:15 PM	6:55 PM	Arthur Walker Field- Shaker High School		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 13, 2022	Fri	Regular Season (SHEN INVY)	Niskayuna High School, Schenectady High School (Girls Varsity Track), Burnt Hills-Ballston Lake HS, Colonie High School, Bethlehem High School, Ballston Spa High School, Albany High School, Guilderland High School @ Shenendehowa High School	4:00 PM	10:00 PM	Shen High School East Stadium (Track)	Departure Time: 2:40 PM Return Date: Return Time: 7:30 PM	L
May 18, 2022	Wed	Meet (Girls SSC Outdoor Track Championship 2022)	Vs. Multiple	4:15 PM	7:00 PM	APHS Track	Departure Time: 3:00 PM Return Date: Return Time: 8:00 PM	NL
May 19, 2022	Thu	Meet (SSC JV Championships)	Vs. Multiple	4:15 PM	8:25 PM	APHS Track	Departure Time: 3:00 PM Return Date: Return Time: 8:00 PM	NL
May 25, 2022	Wed	Regular Season (Group 1 Sectionals)	Albany High School, Shenendehowa High School, Saratoga Springs High School @ Colonie High School	TBD		Colonie High Track	Departure Time: 2:45 PM Return Date: Return Time: 7:30 PM	L
Jun 2, 2022	Thu	Post-Season (STATE QUALIFIERS)	Ballston Spa High School, Lake George, Amsterdam, Saratoga Springs High School @ Shenendehowa High School	4:00 PM	10:00 PM	Shen High School East Stadium (Track)	Departure Time: 2:30 PM	L
Jun 3, 2022	Fri	Post-Season (STATE QUALIFIERS)	Ballston Spa High School, Amsterdam, Lake George, Saratoga Springs High School @ Shenendehowa High School	4:00 PM	10:00 PM	Shen High School East Stadium (Track)	Departure Time: 2:30 PM Return Date: Return Time: 8:00 PM	L

Date: 2024-10-19