

## Coaches:

• Jason Stone, Head Coach

| DATE         | WEEK<br>DAY | <sup>(</sup> TYPE   | OPPONENTS  | START<br>TIME | END<br>TIME | LOCATION                                   | TRANSPORTATION | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|---|--|---------------|-------------|--|----------------|----------------------------|
| Sep 14, 2024 | Sat         | Regular Season<br>(19th Annual<br>Queensbury-<br>Adirondack XC<br>Classic Invitational) | Schuylerville,<br>Greenville @<br>Queensbury                                     | 9:00<br>AM    |             | Queensbury<br>HS, Trails @<br>Elem. School |                | L                          |
| Sep 25, 2024 | Wed         | Regular Season  | Burnt Hills-Ballston<br>Lake HS, Columbia<br>High School @<br>Albany High School | 4:30<br>PM    | 6:10<br>PM  | Capital Hills<br>Golf Course               |                | L                          |
| Oct 5, 2024  | Sat         | Regular Season<br>(Grout Run<br>Invitational)   | @ Schenectady<br>High School<br>(Modified)                                       | 9:00<br>AM    |             | Central Park                               |                | L                          |
| Oct 9, 2024  | Wed         | Regular Season  | Niskayuna High<br>School (Modified)<br>@ Colonie High<br>School                  | 4:30<br>PM    | 6:10<br>PM  | Colonie Town<br>Park                       |                | L                          |
| Oct 12, 2024 | Sat         | Regular Season  | @ Burnt Hills-<br>Ballston Lake HS   | 9:00<br>AM    |             | Saratoga Spa<br>State Park                 |                | NL                         |
| Oct 16, 2024 | Wed         | Regular Season  | Saratoga Springs<br>High School @<br>Schenectady High<br>School (Modified)       | 4:30<br>PM    | 6:10<br>PM  | Central Park                               |                | L                          |
| Oct 26, 2024 | Sat         | Meet (SSC<br>Championships)   | Vs. Multiple   | 9:00<br>AM    |             | Saratoga Spa<br>State Park                 |                | NL                         |

Date: 2024-08-19