

Coaches:

• Kevin Emblidge, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 3, 2022	Sat	Regular Season (Ekiden)	Schenectady High School, Rome Free Academy, Shaker High School, Queensbury @ Niskayuna High School	9:30 AM	1:00 PM	Iroquois Middle School	Bus/Driver: Schuylerville School	Departure Time: 7:30 AM	L
CANCELLED Sep 17, 2022	Sat	Regular Season (18th Annual Queensbury- Adirondack Cross Country Classic Invitational)	@ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School			L
Sep 17, 2022	Sat	Regular Season (Queensbury Invitational)	Ballston Spa High School, Christian Brothers Academy, Albany, Niskayuna High School, Monroe- Woodbury, Saratoga Springs High School, Colonie High School, Schenectady High School, South Glens Falls, Coxsackie- Athens, Glens Falls, Chittenango, Granville (Granville- Whitehall- Hartford), Shaker High School, Remsen (Remsen/Town of Webb), Roy C Ketcham/ Wappingers JHS, North Warren, Albany High School, Maple Hill, Chatham, Scotia-Glenville @ Queensbury			Queensbury HS, Trails @ Elem. School	Bus/Driver: Schuylerville School	Departure Time: 7:15 AM	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME		DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 24, 2022	Sat	Regular Season (9th Annual South Glens Falls John Killian "K- DAWG" Memorial XC Invitational)	Troy, Glens Falls @ South Glens Falls	9:00 AM	Moreau Recreational Park	Bus/Driver: Schuylerville School	Departure Time: 7:15 AM	L
Sep 27, 2022	Tue	Regular Season	Hudson Falls, Glens Falls, TBD @ Queensbury	4:15 PM	Queensbury HS, Trails @ Elem. School	Bus/Driver: Schuylerville School	Departure Time: 3:10 PM	L
Oct 1, 2022	Sat	Regular Season (83rd Annual Grout Cross Country Invitational)	@ Schenectady High School	9:00 AM	Central Park	Bus/Driver: Schuylerville School	Departure Time: 7:00 AM	L
Oct 4, 2022	Tue	Regular Season	South Glens Falls, Queensbury @ Glens Falls	4:30 PM	Coles Woods	Bus/Driver: Schuylerville School	Departure Time: 3:00 PM	L
Oct 11, 2022	Tue	Regular Season	Queensbury, South Glens Falls @ Hudson Falls	4:30 PM	Hudson Falls HS	Bus/Driver: Schuylerville School	Departure Time: 3:00 PM	L
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invy)	Saratoga Springs High School, Niskayuna High School, Schenectady High School, South Glens Falls, Granville (Granville- Whitehall- Hartford), Oneonta, Shaker High School, Guilderland High School, Ballston Spa High School, Queensbury, Colonie High School, Albany High School, Shenendehowa High School @ Burnt Hills- Ballston Lake HS	9:00 AM	Saratoga Spa State Park	Bus/Driver: Schuylerville School	Departure Time: 7:15 AM	L
Oct 24, 2022	Mon	Post-Season (Foothills XC Championship)	Gloversville, Amsterdam, Broadalbin- Perth, Johnstown, Hudson Falls, Scotia- Glenville, South Glens Falls, Glens Falls @ Queensbury	3:00 PM	Queensbury HS, Trails @ Elem. School	Bus/Driver: Schuylerville School	Departure Time: 1:00 PM	NL

DATE	WEEK	TYPE	OPPONENTS	START EN	ND ME LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 5, 2022	Sat	Post-Season (Sectionals)	@ Queensbury	10:00 AM	Queensbury MS	Bus/Driver: Schuylerville School Departure Time: 8:30 AM	L
Nov 12, 2022	Sat	Post-Season (State Championships)	@ Vernon- Verona-Sherrill	10:00 AM	Cross Country Course		L

Date: 2024-07-17