



Indian River Boys Varsity Cross Country 2022 - 2023

Athletics Director: Bob Alexander
Assistant: Kara Paluzzi, Secretary

32925 US RT 11
Philadelphia, NY, 13673
(315) 642-3699
<https://sites.google.com/ircsd.org/athletics>

Coaches:

- David Rowley, Head Coach

Players (14)

NAME	GRADE
Jack Countryman	12
Calvin Eggleston	12
Jack Frans	12
Owen Frans	12
Jerrick French	11
Ryan Gauthier	11
Elijah Johnston	12
Aiden Jones	12
Shane Motes	11
Hector Ramos	12
Donald Walburn, IV	12
Xander Westfall	10
Lincoln Wilbur	10
Sam Yang	12