

## Coaches:

- Vincent Cesario III, Head Coach
- Fred LaVancha, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	LEAGUE TRANSPORTATION / NON- LEAGUE
Mar 13, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Indian River Intermediate School Aux Gym		
Mar 13, 2023	Mon	Practice (IRIS Shuttle)	N/A	3:45 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: 40 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:15 PM Return Date: Return Time: 5:15 PM
CANCELLED Mar 14, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Indian River Intermediate School Aux Gym		
CANCELLED Mar 14, 2023	Tue	Practice (IRIS Shuttle)	N/A	3:45 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: 40 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:15 PM Return Date: Return Time: 5:15 PM
Mar 15, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Indian River Intermediate School Aux Gym		
Mar 15, 2023	Wed	Practice (IRIS Shuttle)	N/A	3:45 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: 40 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:15 PM Return Date: Return Time: 5:15 PM
Mar 17, 2023	Fri	Practice	N/A	5:00 PM	6:15 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)		
Mar 18, 2023	Sat	Practice	N/A	8:00 AM	9:30 AM	Indian River Intermediate School Main Gym		
Mar 20, 2023	Mon	Practice (IRIS Shuttle)	N/A	3:45 PM	5:00 PM	TBD	Bus/Driver: 40 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:15 PM Return Date: Return Time: 5:15 PM
Mar 20, 2023	Mon	Practice	N/A	3:45 PM	5:00 PM	Indian River Intermediate School Aux Gym		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 21, 2023	Tue	Practice (IRIS Shuttle)	N/A	3:45 PM	5:00 PM	TBD	<b>Bus/Driver:</b> 40 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:15 PM Return Date: Return Time: 5:15 PM	
Mar 21, 2023	Tue	Practice	N/A	3:45 PM	5:00 PM	Indian River Intermediate School Aux Gym			
CANCELLED Mar 22, 2023	Wed	Practice (IRIS Shuttle)	N/A	3:45 PM	5:00 PM	TBD	Bus/Driver: 40 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:15 PM Return Date: Return Time: 5:15 PM	
Mar 22, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	Warrior Stadium, Turf Facility (Field A)			
Mar 23, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			
CANCELLED Mar 23, 2023	Thu	Practice (IRIS Shuttle)	N/A	3:45 PM	5:00 PM	TBD	Bus/Driver: 40 Athletes	Departure Point: High School Athletic Doors Departure Time: 3:15 PM Return Date: Return Time: 5:15 PM	
Mar 24, 2023	Fri	Practice	N/A	5:45 PM	7:15 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Mar 25, 2023	Sat	Practice	N/A	8:00 AM	9:30 AM	Indian River Intermediate School Main Gym			
CANCELLED Mar 27, 2023	Mon	Practice (Shuttle Bus to IRIS)	N/A	3:45 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 40 athletes	Departure Point: High School Athletic Doors Departure Time: 3:15 PM Return Date: Return Time: 5:15 PM	
Mar 27, 2023	Mon	Practice	N/A	4:00 PM	6:30 PM	Warrior Stadium, Turf Facility (Field A)			
Mar 28, 2023	Tue	Practice	N/A	3:45 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			
Mar 29, 2023	Wed	Practice	N/A	3:45 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 30, 2023	Thu	Regular Season	Carthage	4:30 PM	6:00 PM	Warrior Stadium, Turf Facility (Field A)		L
Mar 31, 2023	Fri	Practice	N/A	3:45 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)		
Apr 1, 2023	Sat	Practice	N/A	9:00 AM	10:30 AM	TBD		
Apr 3, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)		
POSTPONED Apr 3, 2023	Mon	Regular Season	Immaculate Heart Central, Watertown	6:30 PM	8:00 PM	Warrior Stadium, Turf Facility (Field A)		L
CANCELLED Apr 5, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)		
Apr 6, 2023	Thu	Practice	N/A	3:45 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)		
Apr 15, 2023	Sat	Practice	N/A	8:30 AM	10:30 AM	Warrior Stadium, Turf Facility (Field A)		
Apr 17, 2023	Mon	Practice	N/A	3:10 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)		
Apr 18, 2023	Tue	Regular Season	Fayetteville- Manlius (White)	5:30 PM	7:30 PM	Warrior Stadium, Turf Facility (Field A)		L
Apr 19, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)		
Apr 21, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)		
Apr 24, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Indian River Route 11 Practice field C		
Apr 26, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)		
Apr 27, 2023	Thu	Regular Season	Lowville	5:30 PM	6:30 PM	Warrior Stadium, Turf Facility (Field A)		L
Apr 28, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)		
May 2, 2023	Tue	Practice	N/A	3:45 PM	5:00 PM	Indian River Route 11 Practice field C		
May 4, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Indian River Route 11 Practice field C		
May 5, 2023	Fri	Practice	N/A	3:45 PM	5:00 PM	Indian River Route 11 Practice field C		
May 8, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Indian River Route 11 Practice field C		
May 8, 2023	Mon	Practice	N/A	3:30 PM	4:30 PM	Warrior Stadium, Turf Facility (Field A)		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
May 9, 2023	Tue	Regular Season	Watertown	4:30 PM	6:00 PM	Warrior Stadium, Turf Facility (Field A)		L
May 10, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Indian River Route 11 Practice field C		
May 11, 2023	Thu	Practice	N/A	3:30 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)		
May 12, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)		
May 15, 2023	Mon	Practice	N/A	3:30 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)		
May 16, 2023	Tue	Regular Season	General Brown	4:30 PM	6:00 PM	Warrior Stadium, Turf Facility (Field A)		L
May 17, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)		
May 18, 2023	Thu	Regular Season	South Jefferson	5:30 PM	7:00 PM	Warrior Stadium, Turf Facility (Field A)		L
May 19, 2023	Fri	Practice	N/A	3:30 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)		
May 22, 2023	Mon	Practice	N/A	3:45 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)		
May 23, 2023	Tue	Practice	N/A	3:30 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)		
May 24, 2023	Wed	Practice	N/A	3:30 PM	5:00 PM	Warrior Stadium, Turf Facility (Field A)		

Date: 2024-07-18