

Coaches:

- Robert Kuba, Head Coach
- Andrew Bretsch, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 2, 2019	Tue	Regular Season (LEAGUE RELAY MEET)	Carthage, Watertown, South Jefferson, Lowville, South Lewis, Sandy Creek @ TBD	4:30 PM		Watertown Case M S	Departure Time: 2:45 PM Return Date: Return Time: 7:30 PM	L
Apr 2, 2019	Tue	Regular Season (FL Relay Meet)	Beaver River, Lowville, Carthage, Sandy Creek, South Lewis, South Jefferson @ Watertown	5:00 PM		Watertown H S		L
Apr 11, 2019	Thu	Regular Season	TBD	5:00 PM		Indian River Outdoor Track		L
Apr 11, 2019	Thu	Regular Season (Indian River Invitational)	South Jefferson	5:00 PM		Indian River High School Main Gym		L
Apr 11, 2019	Thu	Regular Season	Carthage	5:00 PM		Indian River Outdoor Track		L
Apr 15, 2019	Mon	Practice	N/A	11:00 AM	12:30 PM	Indian River Outdoor Track		
Apr 16, 2019	Tue	Practice	N/A	11:00 AM	12:30 PM	Indian River Outdoor Track		
Apr 17, 2019	Wed	Practice	N/A	11:00 AM	12:30 PM	Indian River Outdoor Track		
Apr 18, 2019	Thu	Practice	N/A	11:00 AM	12:30 PM	Indian River Outdoor Track		
Apr 25, 2019	Thu	Regular Season	Lowville @ Carthage	4:30 PM		Comet Field	Departure Time: 3:00 PM Return Date: Return Time: 7:30 PM	L
POSTPONED Apr 27, 2019	Sat	Regular Season (St. Lawrence & Section X HS Showcase)	@ TBD	10:00 AM		St. Lawrence University, Canton NY	Departure Time: 7:30 AM Return Date: Return Time: 4:00 PM	NL
Apr 30, 2019	Tue	Regular Season	Sandy Creek @ South Jefferson	4:30 PM		SJ Wilson Elem. Track	Departure Time: 2:45 PM Return Date: Return Time: 7:45 PM	L
May 2, 2019	Thu	Regular Season	Watertown	4:30 PM		Indian River Outdoor Track		L
May 7, 2019	Tue	Regular Season	Beaver River, South Lewis	5:00 PM		Indian River Outdoor Track		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 15, 2019	Wed	Regular Season (LEAGUE CHAMPIONSHIPS)	Watertown, Carthage, South Jefferson, South Lewis, Beaver River, Sandy Creek, Lowville	4:00 PM	Indian River Outdoor Track		L
May 18, 2019	Sat	Regular Season (VanDusen Invitational)	@ Ogdensburg	11:00 AM	Ogdensburg Free Academy		L
May 24, 2019	Fri	Regular Season (Sectionals)	Oswego, Fulton, Watertown, East Syracuse Minoa, Whitesboro, Carthage, Jamesville-Dewitt, Fowler, New Hartford, Cortland @ Central Square	4:00 PM	Central Square Turf/Stadium		L
May 31, 2019	Fri	Post-Season (Sectional Qualifier)	@ TBD	4:00 PM	TBD	Departure Time: 1:30 PM Return Date: Return Time: 11:00 PM	NL
Jun 7, 2019	Fri	Post-Season (New York State Championships)	@ TBD	11:00 AM	TBD		NL
Jun 8, 2019	Sat	Post-Season (New York State Championship)	@ TBD	10:00 AM	TBD		NL

Date: 2024-06-11