



• Scarlett De Witt, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	LEAGUI TRANSPORTATION / NON- LEAGUI
Nov 18, 2024	Mon	Practice	N/A	2:45 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM
Nov 19, 2024	Tue	Practice	N/A	2:45 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM
Nov 20, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM
Nov 21, 2024	Thu	Practice	N/A	2:30 PM	4:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM
Nov 22, 2024	Fri	Practice	N/A	2:45 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM
Nov 25, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM
Nov 26, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 27, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Nov 29, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Dec 2, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Dec 3, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Dec 4, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Dec 5, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Dec 6, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Dec 6, 2024	Fri	Regular Season (Andersen Girls Tournament (Ind))	@ TBD	5:00 PM	10:00 PM	TBD			NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 9, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Dec 9, 2024	Mon	Regular Season	Camden, Mexico @ General Brown (General Brown)	6:00 PM		GBHS Main Gym			L
Dec 10, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Dec 11, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Dec 12, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Dec 13, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Dec 13, 2024	Fri	Regular Season (Phoenix Round Robin Scramble)	@ TBD	5:00 PM	10:00 PM	TBD			L
Dec 16, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 17, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Dec 17, 2024	Tue	Regular Season	Phoenix, Mexico	6:00 PM	8:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			L
Dec 18, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Dec 19, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Dec 20, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Dec 23, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Dec 24, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	LEAGUE TRANSPORTATION / NON- LEAGUE
Dec 25, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM
Dec 26, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM
Dec 27, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM
Dec 30, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	
Dec 31, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM
Jan 1, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM
Jan 2, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM
Jan 3, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM

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Jan 6, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Jan 7, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Jan 8, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Jan 9, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Jan 9, 2025	Thu	Regular Season	@ General Brown (General Brown)	6:00 PM		GBHS Main Gym		L	
Jan 10, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Jan 13, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Jan 14, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	

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Jan 15, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Jan 16, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Jan 16, 2025	Thu	Regular Season (West Genesee and Indian River Dual Meet)	West Genesee @ Syracuse City (Syracuse City Girls Wrestling)		8:00 PM	PSLA @ Fowler High School- Event Entry Doors			L
Jan 17, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Jan 20, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Jan 21, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Jan 22, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Jan 23, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	

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Jan 28, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM
Jan 29, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM
Jan 30, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM
Jan 31, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM
Feb 3, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM
Feb 4, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM

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Feb 5, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Feb 6, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Feb 7, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Feb 10, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Feb 11, 2025	Tue	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Feb 12, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Feb 13, 2025	Thu	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	
Feb 14, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	Indian River Intermediate School Aux Gym	Bus/Driver: Shuttle Bus 15 Athletes	Departure Point: High School Athletic Doors Departure Time: 2:45 PM Return Date: Return Time: 5:00 PM	

Date: 2024-11-22