

Coaches:

• Alyssa Sidmore, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 13, 2023	Mon	Practice	N/A	5:30 PM	7:00 PM	Indian River High School Main Gym			
CANCELLED Mar 14, 2023	Tue	Practice	N/A	5:30 PM	7:00 PM	Indian River High School Main Gym			
Mar 15, 2023	Wed	Practice	N/A	5:30 PM	7:00 PM	Indian River High School Main Gym			
Mar 16, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	Indian River High School Main Gym			
Mar 17, 2023	Fri	Practice	N/A	5:30 PM	7:30 PM	Indian River High School Main Gym			
Mar 20, 2023	Mon	Practice	N/A	5:30 PM	7:00 PM	Indian River High School Main Gym			
Mar 21, 2023	Tue	Practice	N/A	5:30 PM	7:00 PM	Indian River High School Main Gym			
Mar 22, 2023	Wed	Practice	N/A	5:30 PM	7:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Mar 23, 2023	Thu	Practice	N/A	5:30 PM	7:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Mar 27, 2023	Mon	Practice	N/A	5:30 PM	7:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			

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Mar 28, 2023	Tue	Practice (5-6:30; Pitchers and Catchers 5-7)	N/A	5:00 PM	7:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Mar 29, 2023	Wed	Practice	N/A	5:00 PM	6:30 PM	Indian River High School Main Gym			
CANCELLED Mar 30, 2023	Thu	Practice	N/A	5:00 PM	6:30 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Mar 31, 2023	Fri	Practice (Practice 5-6:30 with Parent Meeting at 6:15 PM)	N/A	5:00 PM	6:30 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Apr 3, 2023	Mon	Practice (Pitchers and Catchers only)	N/A	6:30 PM	7:30 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Apr 4, 2023	Tue	Practice	N/A	5:30 PM	7:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			

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Apr 5, 2023	Wed	Practice	N/A	5:30 PM	7:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Apr 6, 2023	Thu	Practice	N/A	5:30 PM	7:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office)			
Apr 10, 2023	Mon	Practice	N/A	4:30 PM	6:00 PM	Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side), Indian River Middle School Gym#1 (Main Office), Warrior Stadium, Turf Facility (Field A)			
CANCELLED Apr 17, 2023	Mon	Practice	N/A	4:00 PM	5:30 PM	Indian River Baseball/Softball Aux Field #10			
Apr 19, 2023	Wed	Practice	N/A	5:30 PM	7:00 PM	Indian River Middle School Gym#1 (Main Office), Indian River Middle School Gym #2 (Center), Indian River Middle School Gym #3 (Pool Side)			
Apr 20, 2023	Thu	Regular Season	Lowville	5:00 PM		Indian River Baseball/Softball Aux Field #10			L
Apr 21, 2023	Fri	Practice	N/A	5:30 PM	7:00 PM	Indian River Baseball/Softball Aux Field #10			
Apr 24, 2023	Mon	Regular Season 10-18 L	@ Carthage	4:30 PM		Carthage Softball Field	Bus/Driver: Coach Countryman/15 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:45 PM Return Date: Return Time: 7:00 PM	L
Apr 25, 2023	Tue	Practice	N/A	5:30 PM	7:00 PM	Indian River Softball Field #6			

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Apr 26, 2023	Wed	Regular Season 5-15 L	Carthage	4:30 PM		Indian River Softball Field #6			L
Apr 27, 2023	Thu	Practice	N/A	5:30 PM	7:00 PM	Indian River Baseball/Softball Aux Field #10			
Apr 28, 2023	Fri	Practice	N/A	5:30 PM	7:00 PM	Indian River Softball Field #6			
May 2, 2023	Tue	Practice	N/A	5:30 PM	7:00 PM	Indian River Baseball/Softball Aux Field #10			
CANCELLED May 3, 2023	Wed	Regular Season	Watertown	4:00 PM	5:30 PM	Indian River Softball Field #6			L
CANCELLED May 3, 2023	Wed	Regular Season (5 inning DH)	Watertown	6:00 PM	7:30 PM	Indian River Softball Field #6			L
May 4, 2023	Thu	Practice	N/A	5:30 PM	7:00 PM	Indian River Baseball/Softball Aux Field #10			
CANCELLED May 5, 2023	Fri	Practice	N/A	5:30 PM	7:00 PM	Indian River Softball Field #6			
POSTPONED May 6, 2023	Sat	Regular Season	Gouverneur	10:00 AM	11:30 AM	Indian River Softball Field #6			L
May 6, 2023	Sat	Regular Season	Watertown	3:00 PM	4:30 PM	Indian River Baseball/Softball Aux Field #10			L
May 6, 2023	Sat	Regular Season	Watertown	5:00 PM	6:30 PM	Indian River Softball Field #6			L
May 8, 2023	Mon	Practice	N/A	4:30 PM	5:30 PM	Indian River Baseball/Softball Aux Field #10			
May 9, 2023	Tue	Practice	N/A	5:30 PM	7:00 PM	Indian River Varsity Baseball Field # 9			
May 10, 2023	Wed	Regular Season	South Jefferson	4:30 PM		Indian River Softball Field #6			L
May 11, 2023	Thu	Practice	N/A	3:00 PM	4:00 PM	Indian River Softball Field #6			
May 12, 2023	Fri	Regular Season	General Brown	4:30 PM		Indian River Softball Field #6			L
May 16, 2023	Tue	Regular Season	@ General Brown	4:30 PM		Dexter Elem Softball Field	Bus/Driver: Coach Countryman/15 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:45 PM Return Date: Return Time: 7:00 PM	L
May 17, 2023	Wed	Practice	N/A	5:30 PM	7:00 PM	Indian River Multipurpose field #5 (Upper HS Side)			
May 18, 2023	Thu	Regular Season	@ South Jefferson	4:30 PM		SJ Wilson Elem. Softball Field 1	Bus/Driver: Coach Countryman/15 Athletes	Departure Point: Middle School Pool Entrance Departure Time: 2:45 PM Return Date: Return Time: 7:00 PM	L

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May 18, 2023	Thu	Practice	N/A	5:30 PM	7:00 PM	Indian River Multipurpose field #5 (Upper HS Side)			
POSTPONED May 23, 2023	Tue	Regular Season	@ Lowville	4:30 PM		Lowville Bostwick Field			L
May 24, 2023	Wed	Regular Season	Sackets Harbor	4:30 PM	6:30 PM	Indian River Softball Field #6			L

Date: 2024-07-18