



# Institute of Technology, Syracuse

## (B) V Cross Country (West)

Coaches:

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 11, 2024	Wed	Regular Season	@ Cicero-North Syracuse	4:30 PM	4:50 PM	CNS-Oneida Shores		L
Sep 17, 2024	Tue	Regular Season	@ Liverpool	4:30 PM		Liverpool Long Branch Park		L
Sep 17, 2024	Tue	Regular Season	West Genesee @ Liverpool	4:30 PM		Liverpool Long Branch Park		L
Oct 2, 2024	Wed	Regular Season	Henninger (Henninger) @ Baldwinsville	4:30 PM	5:00 PM	Bville - Durgess Cross Country Trail		L
Oct 9, 2024	Wed	Regular Season	Henninger (Henninger), Nottingham (Nottingham)	9:00 AM		TBD		L
Oct 23, 2024	Wed	Post-Season (SCAC Championships @ TBD)	Cicero-North Syracuse, Liverpool, Fayetteville-Manlius, Fulton, Auburn, East Syracuse Minoa, Jamesville-Dewitt, Central Square, Nottingham (Nottingham), Oswego, Henninger (Henninger), West Genesee @ Baldwinsville	4:30 PM	5:00 PM	TBD		L

Date: 2024-08-17