



Institute of Technology, Syracuse

(B) V Winter Track

Coaches:

- John Cosgrove, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 5, 2019	Thu	Regular Season (Jack Morse Kickoff Meet)	TBD	4:30 PM	10:00 PM	SRC Arena	Departure Point: ITC Departure Time: 3:30 PM Return Date: Return Time: 10:00 PM	L
Dec 14, 2019	Sat	Regular Season (Oscar B. Jensen Relays)	TBD	3:00 PM	7:00 PM	SRC Arena	Departure Point: ITC Departure Time: 2:00 PM Return Date: Return Time: 7:00 PM	L
Dec 21, 2019	Sat	Regular Season (George Constantino Memorial)	TBD	9:00 AM	2:00 PM	SRC Arena	Departure Point: ITC Departure Time: 8:00 AM Return Date: Return Time: 2:00 PM	L
Jan 4, 2020	Sat	Regular Season (John Arcaro Memorial)	TBD	9:00 AM	2:00 PM	SRC Arena	Departure Point: ITC Departure Time: 8:00 AM Return Date: Return Time: 2:00 PM	L
Jan 11, 2020	Sat	Regular Season (Fred Kirschenheiter Memorial)	TBD	9:00 AM	2:00 PM	SRC Arena	Departure Point: ITC Departure Time: 8:00 AM Return Date: Return Time: 2:00 PM	L
Jan 17, 2020	Fri	Regular Season (Mohawk Valley Meet)	TBD	4:30 PM	10:00 PM	Utica College	Departure Point: ITC Departure Time: 2:45 PM Return Date: Return Time: 10:00 PM	L
Jan 29, 2020	Wed	Regular Season (OHSL League Championship)	TBD	4:30 PM	9:30 PM	SRC Arena	Departure Point: ITC Departure Time: 2:45 PM Return Date: Return Time: 10:00 PM	L
Feb 8, 2020	Sat	Post-Season (Sectional Championship)	TBD	2:00 PM	7:30 PM	SRC Arena	Departure Point: ITC Departure Time: 1:00 PM Return Date: Return Time: 7:30 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 25, 2020	Tue	Post-Season (Section 3 State Qualifier)	TBD	4:30 PM	8:30 PM	SRC Arena	Departure Point: ITC Departure Time: 3:30 PM Return Date: Return Time: 8:30 PM	NL
Mar 7, 2020	Sat	Post-Season (NYSPHSAA State Championship)	TBD	TBD		TBD	Departure Point: ITC	NL

Date: 2024-08-23