



Jamesville-Dewitt

(G) 7/8TH Cross Country

Coaches:

- Denise Stillitano, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2022	Tue	Practice (Parent/Coach Mgt 4:45-5pm after 1st practice)	N/A	3:15 PM	5:00 PM	JD MS Outside Courts/XC trail		
Sep 7, 2022	Wed	Practice	N/A	3:15 PM	5:00 PM	JD MS Outside Courts/XC trail		
Sep 8, 2022	Thu	Practice	N/A	3:15 PM	5:00 PM	JD MS Outside Courts/XC trail		
Sep 9, 2022	Fri	Practice	N/A	3:15 PM	5:00 PM	JD MS Outside Courts/XC trail		
Sep 14, 2022	Wed	Regular Season (Invitational)	@ Oswego	5:45 PM		Oswego Middle School Cross Country Trail	Departure Point: JDMS Departure Time: 2:50 PM	NL
Sep 17, 2022	Sat	Regular Season (ESM Invitational @ Pine Grove MS 10:30 AM (B), 11:00 AM (G))	@ TBD	TBD		TBD	Departure Point: JDMS Departure Time: 8:45 AM	L
Sep 21, 2022	Wed	Regular Season	Cortland, Central Square	5:45 PM		JD HS Stadium	Departure Point: JDMS Departure Time: 2:50 PM	L
Sep 24, 2022	Sat	Regular Season (Bville Invite)	@ TBD	TBD		TBD	Departure Point: JDHS Main Gym Departure Time: 11:45 AM	NL
Sep 28, 2022	Wed	Regular Season	Auburn @ Corcoran (Syracuse West)	5:45 PM		Corcoran Stadium	Departure Point: JDMS Departure Time: 4:00 PM	L
Oct 4, 2022	Tue	Regular Season	Fulton @ East Syracuse Minoa	5:45 PM		ESM Kirkville Rd. Field	Departure Point: JDMS Departure Time: 3:15 PM	L
Oct 15, 2022	Sat	Regular Season	Westhill, Altmar- Parish-Williamstown (APW Rebels), Bishop Grimes, Cincinnatus, Cicero- North Syracuse, East Syracuse Minoa, Fayetteville- Manlius, Fulton, Liverpool, Mexico, Manlius Pebble Hill, Notre Dame, Utica, Oneida, Sandy Creek, South Jefferson, Trumansburg, West Genesee, Sauquoit Valley, Whitesboro, Chittenango @ Tully	8:45 AM	2:00 PM	Tully XC Course		NL

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Oct 15, 2022	Sat	Regular Season (Tully Invitational @ Tully HS 10:00 am (G) 11:00 am (B))	@ TBD	TBD		TBD	Departure Point: JDMS Departure Time: 8:15 AM	L
Oct 20, 2022	Thu	Regular Season (SCAC Modified Invite)	Fayetteville-Manlius, Cicero-North Syracuse, Liverpool, Nottingham, West Genesee, Baldwinsville, Henninger, Fulton, Central Square, Cortland, Corcoran (Syracuse West), Oswego, Auburn @ East Syracuse Minoa	5:30 PM	7:00 PM	ESM Kirkville Rd. Field	Departure Point: JDMS Departure Time: 3:15 PM	L

Date: 2024-07-13