

Coaches:

- Robert Bewley, Head Coach
- Katherine Richey, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
Jul 1, 2019	Mon	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 2, 2019	Tue	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 3, 2019	Wed	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 5, 2019	Fri	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 8, 2019	Mon	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 9, 2019	Tue	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 10, 2019	Wed	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 11, 2019	Thu	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 12, 2019	Fri	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 15, 2019	Mon	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 16, 2019	Tue	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 17, 2019	Wed	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 18, 2019	Thu	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 19, 2019	Fri	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 22, 2019	Mon	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 23, 2019	Tue	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 24, 2019	Wed	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 25, 2019	Thu	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 26, 2019	Fri	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 29, 2019	Mon	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 30, 2019	Tue	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Jul 31, 2019	Wed	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Aug 1, 2019	Thu	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Aug 2, 2019	Fri	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Aug 5, 2019	Mon	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	
Aug 6, 2019	Tue	Practice	N/A	8:00 AM	10:00 AM	JD MS Pool	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
Aug 7, 2019	Wed	Practice	N/A	8:00 AM	10:00 AM JD MS Pool	
Aug 8, 2019	Thu	Practice	N/A	8:00 AM	10:00 AM JD MS Pool	
Aug 9, 2019	Fri	Practice	N/A	8:00 AM	10:00 AM JD MS Pool	
Aug 12, 2019	Mon	Practice	N/A	8:00 AM	10:00 AM JD MS Pool	
Aug 13, 2019	Tue	Practice	N/A	8:00 AM	10:00 AM JD MS Pool	
Aug 14, 2019	Wed	Practice	N/A	8:00 AM	10:00 AM JD MS Pool	
Aug 15, 2019	Thu	Practice	N/A	8:00 AM	10:00 AM JD MS Pool	
Aug 16, 2019	Fri	Practice	N/A	8:00 AM	10:00 AM JD MS Pool	
Aug 19, 2019	Mon	Practice	N/A	8:00 AM	10:30 AM JD MS Pool	
Aug 19, 2019	Mon	Practice	N/A	4:00 PM	6:00 PM JD MS Pool	
Aug 20, 2019	Tue	Practice	N/A	8:00 AM	10:30 AM JD MS Pool	
Aug 20, 2019	Tue	Practice	N/A	4:00 PM	6:00 PM JD MS Pool	
Aug 21, 2019	Wed	Practice	N/A	8:00 AM	10:30 AM JD MS Pool	
Aug 21, 2019	Wed	Practice	N/A	4:00 PM	6:00 PM JD MS Pool	
Aug 22, 2019	Thu	Practice	N/A	8:00 AM	10:30 AM JD MS Pool	
Aug 22, 2019	Thu	Practice	N/A	4:00 PM	6:00 PM JD MS Pool	
Aug 23, 2019	Fri	Practice	N/A	8:00 AM	10:30 AM JD MS Pool	
Aug 24, 2019	Sat	Practice (Parent Mgt 9am)	N/A	9:00 AM	10:00 JD HS Main AM Gym	
Aug 24, 2019	Sat	Practice	N/A	11:45 AM	2:00 PM JD MS Pool	
Aug 26, 2019	Mon	Practice	N/A	8:00 AM	10:30 AM JD MS Pool	
Aug 26, 2019	Mon	Practice	N/A	4:00 PM	6:00 PM JD MS Pool	
Aug 27, 2019	Tue	Practice	N/A	8:00 AM	10:30 AM JD MS Pool	
Aug 27, 2019	Tue	Practice	N/A	4:00 PM	6:00 PM JD MS Pool	
Aug 28, 2019	Wed	Practice	N/A	8:00 AM	10:30 AM JD MS Pool	
Aug 28, 2019	Wed	Practice	N/A	4:00 PM	6:00 PM JD MS Pool	
Aug 29, 2019	Thu	Practice	N/A	8:00 AM	10:30 AM JD MS Pool	
Aug 29, 2019	Thu	Practice	N/A	4:00 PM	6:00 PM JD MS Pool	
Aug 30, 2019	Fri	Practice	N/A	8:00 AM	10:30 AM JD MS Pool	

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 6, 2019	Fri	Regular Season	@ Nottingham (Syracuse)	6:00 PM	7:00 PM	Nottingham High School (Pool)	Departure Point: JDHS Departure Time: 4:30 PM	L
Sep 17, 2019	Tue	Regular Season 93-74 W	Mexico	5:00 PM		JD MS Pool		L
Sep 19, 2019	Thu	Regular Season	Fayetteville- Manlius	5:00 PM		JD MS Pool		L
Sep 24, 2019	Tue	Regular Season	Christian Brothers Academy, Dewitt	5:00 PM		JD MS Pool		L
Sep 26, 2019	Thu	Regular Season	@ Cicero-North Syracuse	7:00 PM	9:00 PM	Lemoyne College	Departure Point: JDHS Departure Time: 5:30 PM	L
Oct 1, 2019	Tue	Regular Season	@ New Hartford	5:30 PM		HS Pool		L
Oct 2, 2019	Wed	Regular Season	@ Liverpool	5:00 PM		Granby E S	Departure Point: JDHS Departure Time: 3:00 PM	L
Oct 4, 2019	Fri	Regular Season 104-80 W	New Hartford	5:00 PM		JD MS Pool		L
Oct 10, 2019	Thu	Regular Season	@ West Genesee	5:00 PM		WG-HS Pool	Departure Point: JDHS Departure Time: 3:15 PM	L
Oct 12, 2019	Sat	Practice	N/A	8:00 AM	11:30 AM	JD MS Pool		
Oct 16, 2019	Wed	Regular Season	@ Auburn	5:00 PM		Auburn - YMCA Pool	Departure Point: JDHS Departure Time: 3:00 PM	L
Oct 18, 2019	Fri	Regular Season (SCAC @ Nottingham HS)	TBD	5:00 PM		Nottingham High School Pool	Departure Point: JDHS Departure Time: 4:15 PM	L
Oct 19, 2019	Sat	Practice	N/A	8:00 AM	11:30 AM	JD MS Pool		
Oct 22, 2019	Tue	Regular Season	@ Oswego	5:00 PM		Oswego HS- Pool	Departure Point: JDHS Departure Time: 3:00 PM	L
Oct 26, 2019	Sat	Practice	N/A	8:00 AM	11:30 AM	JD MS Pool		
Oct 28, 2019	Mon	Practice	N/A	3:00 PM	6:00 PM	JD MS Pool		
Oct 29, 2019	Tue	Practice	N/A	3:00 PM	6:00 PM	JD MS Pool		
Oct 29, 2019	Tue	Regular Season	Baldwinsville	5:00 PM		JD MS Pool		L
Oct 30, 2019	Wed	Practice	N/A	3:00 PM	6:00 PM	JD MS Pool		
Oct 31, 2019	Thu	Practice	N/A	3:00 PM	6:00 PM	JD MS Pool		
Nov 1, 2019	Fri	Practice	N/A	3:00 PM	6:00 PM	JD MS Pool		
Nov 2, 2019	Sat	Practice	N/A	8:00 AM	11:30 AM	JD MS Pool		

								LEAGUE
DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	
Nov 2, 2019	Sat	Practice	N/A	8:00 AM	11:30 AM	JD MS Pool		
Nov 4, 2019	Mon	Practice	N/A	3:00 PM	6:00 PM	JD MS Pool		
Nov 5, 2019	Tue	Practice	N/A	3:00 PM	6:00 PM	JD MS Pool		
Nov 6, 2019	Wed	Practice	N/A	3:00 PM	6:00 PM	JD MS Pool		
Nov 7, 2019	Thu	Post-Season (Diving Trials & Finals)	TBD	8:00 AM		Nottingham High School Pool	Departure Point: JDHS Departure Time: 7:30 AM	L
Nov 7, 2019	Thu	Practice	N/A	3:00 PM	6:00 PM	JD MS Pool		
Nov 8, 2019	Fri	Practice	N/A	3:00 PM	6:00 PM	JD MS Pool		
Nov 8, 2019	Fri	Post-Season (Swimming Timed Final Championship)	TBD	4:30 PM		Nottingham High School Pool	Departure Point: JDHS Departure Time: 2:20 PM	L
Nov 9, 2019	Sat	Practice	N/A	8:00 AM	11:30 AM	JD MS Pool		
Nov 9, 2019	Sat	Practice	N/A	8:00 AM	11:30 AM	JD MS Pool		
Nov 9, 2019	Sat	Post-Season (State Qualifier Diving Championship)	TBD	10:00 AM		Nottingham High School Pool		L
Nov 10, 2019	Sun	Post-Season (Swimming State Qualifier)	TBD	1:00 PM		Nottingham High School Pool	Departure Point: JDHS Departure Time: 10:30 AM	L
Nov 12, 2019	Tue	Practice	N/A	3:00 PM	6:00 PM	JD MS Pool		
Nov 13, 2019	Wed	Practice	N/A	3:00 PM	6:00 PM	JD MS Pool		
Nov 14, 2019	Thu	Practice	N/A	3:00 PM	6:00 PM	JD MS Pool		
Nov 15, 2019	Fri	Practice	N/A	3:00 PM	6:00 PM	JD MS Pool		
Nov 16, 2019	Sat	Practice	N/A	8:00 AM	11:30 AM	JD MS Pool		
Nov 16, 2019	Sat	Practice	N/A	8:00 AM	11:30 AM	JD MS Pool		
Nov 21, 2019	Thu	Post-Season (Travel Day to Championships @ Ithaca College)	TBD	12:00 PM		TBD	Departure Point: JDHS Departure Time: 11:30 AM	L
Nov 22, 2019	Fri	Post-Season (Swimming Preliminaries @ Ithaca College)	TBD	10:30 AM		Ithaca College		L
Nov 23, 2019	Sat	Post-Season (Swimming Finals and Consolation Finals)	TBD	10:30 AM		Ithaca College		L

Date: 2024-07-16