

Coaches:

- Parker Noble, Head Coach
- Joe Corridori, Asst Coach
- Emily Rowles, Asst Coach
- Nancy Raicht, Asst Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START END | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|---------------------------|-------------|---|--------------|------------|----------------------------------|---|----------------------------|
| Dec 8, 2018 | Sat | Meet (Jack Morse Kickoff Relay) | Vs. Multiple | 9:00 AM | Onondaga Community College | Departure Point: JDHS Departure Time: 7:30 AM | NL |
| Dec 15, 2018 | Sat | Meet (Oscar B. Jensen Relays) | Vs. Multiple | 3:00 PM | Onondaga Community College | Departure Point: JDHS Departure Time: 1:30 PM | NL |
| Dec 22, 2018 | Sat | Meet (George Constantino Memorial) | Vs. Multiple | 9:00 AM | Onondaga Community College | Departure Point: JDHS Departure Time: 7:30 AM | NL |
| Jan 4, 2019 | Fri | Meet (Mohawk Valley Meet #4) | Vs. Multiple | 4:30 PM | Utica College | Departure Point: JDHS Departure Time: 2:30 PM | NL |
| Jan 12, 2019 | Sat | Meet (Fred Kirschenheiter Memorial) | Vs. Multiple | 9:00 AM | Onondaga Community College | Departure Point: JDHS Departure Time: 7:30 AM | NL |
| CANCELLED Jan 19, 2019 | Sat | Meet (Bob Grieve Memorial) | Vs. Multiple | 1:30 PM | Onondaga Community College | Departure Point: JDHS Departure Time: 12:00 PM | NL |
| Jan 25, 2019 | Fri | Regular Season (Invite @ Utica College) | TBD | 4:30 PM | Utica College | Departure Point: JDHS Departure Time: 2:45 PM | L |
| Feb 7, 2019 | Thu | Meet (Class A Sectional Championship Meet) | Vs. Multiple | 4:30 PM | Onondaga Community College | Departure Point: JDHS Departure Time: 3:00 PM | NL |
| CANCELLED Feb 10, 2019 | Sun | Meet (SCAC League Championship Meet) | Vs. Multiple | 1:00 PM | Onondaga Community College | Departure Point: JDHS Departure Time: 11:30 AM | NL |
| Feb 13, 2019 | Wed | Meet (Section 3 State Qualifier Meet) | Vs. Multiple | 4:30 PM | Utica College | Departure Point: JDHS Departure Time: 2:30 PM | NL |
| Mar 2, 2019 | Sat | Meet (NYS Championship Meet) | Vs. Multiple | 9:00 AM | Ocean Breeze Staten Island | Departure Point: JDHS | NL |

Date: 2024-07-14