

Coaches:

• Lori Jewsbury, Head Coach

WEEK TYPE

DATE

OPPONENTS

START END LOCATION

LEAGUE DEPARTURE TRANSPORTATION / NON-LEAGUE

| DATE V | VEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE TRANSPORTATION | LEAGUE / NON- LEAGUE |
|---------------|-------------|---|---|---------------|-------------|----------|--------------------------------|----------------------------|
| Sep 7, 2024 S | Sat | Regular Season (Mustang Invitational) | Remsen (Remsen/Town of Webb), Phoenix, Holland Patent, Tully, Cato-Meridian (Blue Devils), South Lewis, Adirondack, Whitesboro, Clinton, Waterville, Beaver River, Vernon- Verona- Sherrill, Notre Dame, Utica, Weedsport, Central Square, Rome Free Academy, Auburn, Canastota, Cazenovia, Christian Brothers Academy, Dewitt, Central Valley Academy, Chittenango, Cicero-North Syracuse, DeRuyter, Dolgeville, Fabius- Pompey, Fayetteville- Manlius, Homer, TBD, Indian River, Jamesville- Dewitt, Liverpool, Marcellus, Mexico, New Hartford, Nottingham (Nottingham), Oneida, Onondaga Central, Utica Proctor, Pulaski, Skaneateles, South Jefferson, Watertown, West Genesee, Westmoreland @ Mount Markham | 8:00 AM | 12:00 PM | HS Track | | NL |
| Sep 7, 2024 S | Sat | Regular Season (Mount Markham Invite) | @ TBD | TBD | | TBD | Class Dismissal: 5:00 AM | NL |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|--|--|---------------|-------------|---|--|----------------------------|
| Sep 18, 2024 | Wed | Regular Season (Cortland vs CBA and Caz vs JE) | Academy, | 4:30 PM | 6:30 PM | Gutchess Lumber Sports Park XC Trail | Departure Point: Events Entry Departure Time: 3:00 PM | L |
| Sep 21, 2024 | Sat | Regular Season (Baldwinsville Invitational) | @ TBD | 10:00 AM | | Bville - Durgee Cross Country Trail | Departure Point: Events Entry Departure Time: 9:00 AM | NL |
| Sep 25, 2024 | Wed | Meet (Varsity/Modified Girls/Boys XC Meet) | Vs. Multiple | 4:30 PM | | Gutchess Lumber Sports Complex | Departure Point: Events Entry Departure Time: 3:00 PM | NL |
| Sep 28, 2024 | Sat | Regular Season (McQuaid Invite) | @ TBD | TBD | | TBD | Departure Point: Events Entry | NL |
| Oct 2, 2024 | Wed | Regular Season (Westhill v Chittenango & JE v Westhill) | Westhill, Chittenango @ Phoenix | 4:30 PM | 6:30 PM | EJD XC Course | Departure Point: Events Entry Departure Time: 3:00 PM | L |
| Oct 9, 2024 | Wed | Regular Season (CBA vs Homer and JE vs Marcellus) | Marcellus, Christian Brothers Academy, Dewitt, Homer | 4:30 PM | 6:30 PM | JE HS Cross Country Course | | L |
| Oct 13, 2024 | Sun | Regular Season (Manhattan Invite) | @ TBD | TBD | | Manhattan Invitational, Brooklyn, NY | Departure Point: Events Entry | NL |
| Oct 19, 2024 | Sat | Regular Season (Weedsport XC Invitational) | Cato-Meridian (Blue Devils), Auburn @ Weedsport | 9:15 AM | | Weedsport JrSr. High School | | NL |
| Oct 19, 2024 | Sat | Regular Season (Weedsport Invite) | @ TBD | TBD | | Weedsport JrSr. High School | Departure Point: Events Entry | NL |
| Oct 23, 2024 | Wed | Regular Season (Skan/JE scoring) | Cortland, Westhill @ Skaneateles | 4:30 PM | | Skaneateles Polo Grounds | Departure Point: Events Entry Departure Time: 3:15 PM | L |
| Oct 30, 2024 | Wed | Meet (OHSL League Championship) | Vs. Multiple | 4:00 PM | 6:30 PM | MARCELLUS PARK | Departure Point: Events Entry Departure Time: 2:45 PM | NL |
| Nov 9, 2024 | Sat | Post-Season (Sectionals) | @ TBD | TBD | | TBD | | NL |
| Nov 16, 2024 | Sat | Post-Season (States) | @ TBD | TBD | | TBD | | NL |

Date: 2024-09-14