

Coaches:

- Ryan Hannon, Head Coach
- Lori Jewsbury, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 7, 2018	Fri	Regular Season (Mohawk Valley Team Relays)	@ TBD	4:30 PM		Utica College	Bus/Driver: JE Transportation	Departure Point: Events Entrance Departure Time: 3:00 PM	L
Dec 15, 2018	Sat	Regular Season (Oscar B. Jensen Relays)	@ TBD	9:00 AM		Onondaga Community College		Departure Point: Events Entrance Departure Time: 7:30 AM	L
Dec 22, 2018	Sat	Regular Season (George Constantino Memorial)	@ TBD	3:00 PM		Onondaga Community College	Bus/Driver: JE Transportation	Departure Point: Events Entrance Departure Time: 1:30 PM	L
Jan 5, 2019	Sat	Regular Season (John Arcaro Memorial)	@ TBD	9:00 AM		Onondaga Community College	Bus/Driver: JE Transportation	Departure Point: Events Entrance Departure Time: 7:30 AM	L
Jan 12, 2019	Sat	Regular Season (Fred Kirschenheiter Memorial)	@ TBD	3:00 PM		Onondaga Community College	Bus/Driver: JE Transportation	Departure Point: Events Entrance Departure Time: 1:30 PM	L
Jan 19, 2019	Sat	Regular Season (Bob Grieve Memorial)	@ TBD	8:00 AM		Onondaga Community College	Bus/Driver: JE Transportation	Departure Point: Events Entrance Departure Time: 6:30 AM	L
Jan 30, 2019	Wed	Regular Season (League Championships)	@ TBD	4:30 PM		Onondaga Community College	Bus/Driver: JE Transportation	Departure Point: Events Entrance Departure Time: 3:00 PM	L
Feb 8, 2019	Fri	Post-Season (Sectional Championships)	@ TBD	4:30 PM		Utica College	Bus/Driver: JE Transportation	Departure Point: Events Entrance Departure Time: 2:45 PM	NL

Date: 2024-07-30